



February 8, 2026

CATHEDRAL OF THE HOLY FAMILY

5TH SUNDAY ORDINARY TIME



Jesus uses two images in today's Gospel to help us see how to live as his disciple. Christians are to be the salt of the earth and light to enlighten all peoples. Salt preserves food and adds flavour. Before refrigeration salt was essential in helping to preserve food, and Christians are to act as salt in this world; preserving all that is good, working against all that is destructive and evil. Salt also adds flavour. Christians are not only to preserve the world; they are to make it a better place for all to live in. Just as salt when added to food spreads throughout the food Christians are to infuse the whole world with their goodness. Light enables us to see and it guides us. The lamp on the lampstand spreads its light to the whole house and Christians are to spread the light of

Christ to all people. The city set on a hill top provides light that will guide a traveler in the dark and Christians are to provide light to those who walk in darkness. But how are we to go about this, what does it mean to be a disciple of Jesus Christ?

In the first reading, the Prophet Isaiah tells us what it is to be a servant of God. To share our bread with the hungry, to help those in need. In doing this your light will rise in the darkness, your shadows become like noon. This passage is taken from the final chapters of Isaiah, but if we turn to the beginning of Isaiah we hear the prophet condemning those who accumulate wealth at the cost of others; adding field to field while the poor are thrown off the land. In grasping more for ourselves we make ourselves less. Earthly riches provide a false glory and although those who possess them may seem to shine in our sight this glory is ephemeral, something which will pass in the blink of an eye. True riches come to those who give and giving is good for our wellbeing. It can lift our mood and provide a sense of connection to others. To be truly generous, however, requires more than one-off acts of generosity. It involves the development of our character so that we become a generous, just and loving person. And where do we learn this? Through following the example of others, those who have allowed their light to shine in our lives, those who are the salt of the world. We learn to be generous through the generosity of others.

In Jesus Christ we see the generosity of his heavenly Father made visible to us here on earth. Jesus is the example all Christians follow; he is our salt and the source of all light. He is the light that has come into this world to enlighten all people. Isaiah tell us that if we are generous our light will break forth like the dawn. We will cry to the Lord and he will say 'here I am'. After the fall, in the Garden of Eden, Adam and Eve hide themselves from the Lord because they are ashamed. In his Son Jesus Christ the Father comes to us to take away our shame. In Adam we hide ourselves from God and it is God who calls out to us. In Jesus Christ we stand in the light and call out to God 'here I am'. As disciples of Jesus Christ we are called to stand in his light, to be salt of the earth and a light to enlighten all peoples. Fr David Goodill OP

DISCIPLESHIP PATHWAY

COMPASSIONATE HEALER'S MASS



BISHOP MARK HAGEMOEN PRESIDING

9 AM SUNDAY FEBRUARY 8
CATHEDRAL OF THE HOLY FAMILY
123 NELSON ROAD, SASKATOON

All Are Welcome



COUPLES FOR CHRIST
Invites you to a spiritual journey through...

Christian Life Program

FORMATION PROGRAM THAT STRENGTHENS
INDIVIDUAL FAITH AND STRONG CORE
CHRISTIAN FAMILY VALUES.

Cathedral of the Holy Family

FEB. 28
MAR. 7, 14, 21, 28
APR. 11, 18
1:00-3:00 PM

123 Nelson Rd,
Saskatoon, SK
S7S 1H1

For more information, please contact:

Bro Rook Kimhoko: (306) 580-6837
Bro Río Salado: (226) 998-4841
Bro Areus Balde: (306) 727-3200
Bro Reyhan Lozada: (306) 370-7229

FCHF Contacts:

Conchita Fonseca: conchita@holyfamilycathedral.ca
Fr Joe-nel: joenelo@holyfamilycathedral.ca
Fr Gerald: gcooper@rcdos.ca



All sessions are FREE!

EXPERIENCE THIS LIFE RENEWAL PROGRAM THAT HAS TOUCHED THE LIVES OF MANY
WORLDWIDE.

WEDNESDAY,
FEBRUARY 18

ASH WEDNESDAY MASSES

12:15 pm
7:00 pm



WHAT'S YOUR MISSION?

HEART2HEART

THURS 19TH FEB
7PM TO 9PM

Grade 6 to 8



SPECIAL NIGHT WITH THE
MEMBERS OF THE CWL

MISSION: IMPOSSIBLE

Email: conchita@holyfamilycathedral.ca

Marriage Preparation 2026

March 6 & 7, 2026

To register email Fr. Gerard Cooper:
gcooper@rcdos.ca



PARISH NEWS



Thank you to all parishioners for your continued support!

Famous Pancake Breakfast—February 22nd after the **9:00 am & 11:00 am Masses**. We hope to see you there!

Fish Fry Dinner Friday, March 27th, 2026 — Tickets coming out soon!

Two seatings: **4:30 pm & 6:30 pm**. Proceeds support the Diocese, Bishop's Appeal, and St. Mary's Outreach.

Congratulations to our Council's \$100 Cash Calendar winner!

Join the Knights of Columbus — helping men become better Husbands, Fathers, and Catholics. Please call Wayne Koshman at **306-381-3330** or email at koshmanw@gmail.com.

Time Out for Moms is excited to welcome you to our winter term gathering for moms and young children at the Cathedral of the Holy Family. Come join us on **Tuesday mornings** for fellowship with other moms, encouragement in your faith and vocation along with some well deserved coffee and snacks while your little ones are being looked after by our trusted and lovely caregivers. All the details and registration can be found on our website: <https://tofmsaskatoon.sk.wixsite.com/mysite>.

We look forward to growing in faith with you this winter!



CWL theme for 2026: Ignite Your Passion Empower his Mission. Send Your Holy Spirit to ignite our hearts with the fire of Your Passionate love, to empower us with enthusiasm for Your mission.

- Join us for our next meeting **February 11, 2026** at **7:00 pm**. Truth and Reconciliation. How are we called to action?
- Who were you praying for? Send your secret prayer sister a Valentine's card to share your identity.
- Flag raising ceremony at City Hall on **February 20, 2026** to recognize Human Trafficking Awareness, with a theme: "Shine the light; See the Stories, Not the Statistics." Followed by a silent walk, lunch, and speakers. Deadline for registration is on **Feb 13, 2026**. Please contact cofhfcwl@gmail.com, attention Avis.

HOLY FAMILY ANNUAL BABY BOTTLE DRIVE

All you have to do is...

Take a bottle home. Fill the bottle with spare cash or a cheque. Bring it to the church on Feb. 22nd.



2025 tax receipts are now available for pick up. The receipts are in alphabetical order and if you are unable to locate yours, contact Linda at the parish office.

YOUTH PROGRAMS - FEB TO MAY



KG TO GRADE 5
FUN, MUSIC AND ACTIVITY

| | | | | |
|--------|--------|--------|--------|-----------------------------|
| FEB 15 | MAR 15 | APR 19 | MAY 17 | SUN 3:30 - 4:50PM |
|--------|--------|--------|--------|-----------------------------|



GRADE 6 TO GRADE 8
FAITH, ACTIVITY AND ADORATION

| | | | | |
|--------|--------|--------|--------|-----------------------|
| FEB 19 | MAR 19 | APR 16 | MAY 21 | THURS 7-9PM |
|--------|--------|--------|--------|-----------------------|



GRADE 6 TO GRADE 8
FAITH, FUN AND MUSIC

| | | | | |
|--------|-------|--------|--------|-----------------------|
| FEB 12 | MAR 5 | APR 23 | MAY 14 | THURS 7-9PM |
|--------|-------|--------|--------|-----------------------|



GRADE 9 TO GRADE 12
FORMATION, ACTIVITY AND SHARING

| | | | | |
|--------|--------|--------|--------|----------------------|
| FEB 24 | MAR 24 | APR 28 | MAY 26 | TUES 7-9PM |
|--------|--------|--------|--------|----------------------|

TO REGISTER AND GET UPDATES CONTACT

CONCHITA@HOLYFAMILYCATHEDRAL.CA

WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **BELOVED** 7pm - 9pm

Rosary & Devotion to Our Lady of

Perpetual Help: Wednesdays @ 6:00pm

Rosary: Saturday 11:45am - 12noon

If you are unable to attend regular Reconciliation times,

please phone the office to

make an appointment: 306-659-5800

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Regene Sumalinog*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holycathedral.ca

Christian Initiation (RCIA): andy@holycathedral.ca

Confirmation & First Eucharist: hfsacraments.ca

Covenant of Care: Parish Office: 306-659-5800

Marriage: gcooper@rcdos.ca

Marriage Preparation: March 2025 - gcooper@rcdos.ca

Reconciliation by appointment: info@holycathedral.ca

Communion to Homebound: info@holycathedral.ca

or call 306-659-5800.

Facility Rentals: jim@holycathedral.ca

Mass Intentions next week

Monday, February 9

12:15 pm Mass for *Kiandra*

Christopher

Tuesday, February 10

12:15 pm Mass for *+Summer*

Atcheynum

Wednesday, February 11

12:15 pm Mass for *+Georgia D'Cruz*

7:00 pm Mass for *+Pheyo Vu*

Dinnhien

Thursday, February 12

12:15 pm Mass for *+Garry Stinka*

Mass Intentions next week

Friday, February 13

12:15 pm Mass for *+Bernice*

Biblow

10:15 am Mass @ Sherbrooke for

+Joelle Kraft

Saturday, February 14

12:15 pm Mass for *Ania & Maya*

Klonowski

Expected Livestream Schedule

Mass will be available at

Saskatoonmass.com for other

Parishes.

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

Zenitha Joppa Atebe

+Toribio Ramos

Jean-Mark Gareau

Eileen Materi

Isa Glodoveza

+Peter Fashola

Rosalind Matchett

Jannette Magdugo

Ben Friske

Melissa GO

+Pius Ojong Okpa

Hyacinth Fonseca

Nori Cheong

Perry Antosh

Sophie Irlbeck

Russ Gill

+Braydon Bretzer

Pilar Glodoveza



Holy Family Prayer

Most Beloved Sacred Heart of Jesus, As you are the Father's Beloved Son in whom he is well pleased, May we serve others in love as we have been served in love.

Most Blessed Immaculate Heart of Mary As All generations call you blessed through your fiat, May we too move with haste to share the gift of God's love to others.

Most Betrothed Chaste Heart of St. Joseph As you took Jesus and Mary into your home, May we foster free, faithful, fruitful and total love in our family.

Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches, Jesus, Mary, and Joseph, Graciously hear our prayer. Amen.



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

www.holyfamilycathedral.ca

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: info@holycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)