



February 15, 2026

# CATHEDRAL OF THE HOLY FAMILY

## *6TH SUNDAY IN ORDINARY TIME*



As the season of Lent approaches with the reception of ashes on Wednesday, I find myself returning to a favorite book called, *The Little Way of Lent*, composed of meditations in the spirit of St. Therese of Lisieux by Fr. Gary Caster. St. Therese approached the spiritual life with absolute trust and confidence in God, which led her to live with an incredible spirit of joy, giving her such a great freedom in life to do all things with great love. For her everything was gift because at the center of her life was the gift of Jesus, who in love, offered everything on the cross. Jesus did not come and offer his life to condemn the world, but to open wide the flood-gates of mercy, so that all could be united to him. As we come to this time of forty days in the desert in union with Jesus, the season of lent prepares us to celebrate the paschal mystery with joy and gratitude in our hearts for this offering for this opportunity to receive his gift.

During this joyful season, yes joyful, as the first preface for lent in the Church's liturgy proclaims once we have lifted our hearts to the Lord: "your faithful await the sacred paschal feasts with the joy of minds made pure, so that, more eagerly intent on prayer and on the works of charity, and participating in the mysteries by which they have been reborn, they may be led to the fullness of grace that you bestow on your sons and daughters." As Catholics we like to drum up the drudgery of lent to make ourselves look tough, like we are really going through some great ordeal of self-sacrifice, but let's not kid ourselves, we are not doing anything for God by giving up chocolate or meat. The purpose to offering something up for lent is an opportunity to appreciate more intensely what Christ has done for us, namely bestowing on us the fullness of grace to become children of God.

At the heart of the paschal mystery is God's desire to redeem us and make us his own. The best way to understand the desire of God for us his children is to feel the desires we have for the things of this world that tug on our hearts. There is something about fasting that really brings out the nature of our hunger and thirsts. Why for example on Ash Wednesday I crave a hamburger. Imagine how something so insignificant, even if they call it a "Big Mac", can have such a pull on me, then imagine the pull of a human life on the heart of God revealed in Jesus. Our physical yearning is like an icon that opens for us the mystery of God who thirsts for us. What I feel in my body helps me to contemplate in a little way the immense love of God for me. See how our offering something up for lent is not a measure of our struggle or my strength, but rather points our attention towards God's love for me. In turn the deeper our entering into the meaning of Jesus offering himself in love for us, the greater our gratitude grows and subsequently the more everything becomes gift for us, hence the deeper experience of joy in life. Ah the beauty and wonder of this joyful season!

So, may we be inspired by St. Therese who never sought to make herself something for God, but chose to let God make of her something for him. This gave her great freedom to be herself and to embrace others and everything in life with great peace and confidence. This turns things around a little at first, the focus being not so much on what I am offering to God, but more the way and why I am offering something to God. The Church offers us many ways to grow in appreciation and gratitude this lent, may the reflections and devotions of this joyful season draw you deeper into the Father's love for you through the gift of Jesus given up for you. Blessings on your Lenten journey, Fr. Gerard Cooper

# DISCIPLESHIP PATHWAY

WEDNESDAY,  
FEBRUARY 18

ASH  
WEDNESDAY  
MASSES

12:15 pm  
7:00 pm



The **Annual Way of the Cross and Candle-Lighting Prayer Service** for Victims and Survivors of Abuse will take place on the **First Friday of Lent, February 20, 2026, at 7:00 p.m.** at the Cathedral of the Holy Family. All are welcome to attend this evening of prayer and reflection.



## WHAT'S YOUR MISSION? **HEART2HEART**

THURS 19<sup>TH</sup> FEB  
7PM TO 9PM

Grade 6 to 8



**COUPLES FOR CHRIST**  
Invites you to a spiritual journey through..

## Christian Life Program

FORMATION PROGRAM THAT STRENGTHENS  
INDIVIDUAL FAITH AND STRONG CORE  
CHRISTIAN FAMILY VALUES.

## Cathedral of the Holy Family

FEB. 28  
MAR. 7, 14, 21, 28  
APR. 11, 18  
1:00-3:00 PM

123 Nelson Rd,  
Saskatoon, SK  
S7S 1H1

For more information, please contact:

Bro Rook Kimhoko: (306) 580-6837  
Bro Rio Salado: (226) 998-4841  
Bro Areus Balde: (306) 727-3200  
Bro Reylyan Lozada: (306) 370-7229

FCHF Contacts:

Conchita Fonseca: conchita@holycathedral.ca  
Fr Joe-nel: joenelo@holycathedral.ca  
Fr Gerald: gcooper@rcdos.ca



**All sessions are FREE!**

EXPERIENCE THIS LIFE RENEWAL PROGRAM THAT HAS TOUCHED THE LIVES OF MANY  
WORLDWIDE.



SPECIAL NIGHT WITH THE  
MEMBERS OF THE CWL

## MISSION: IMPOSSIBLE

Email: [conchita@holycathedral.ca](mailto:conchita@holycathedral.ca)

## Marriage Preparation 2026

March 6 & 7, 2026

To register email Fr. Gerard Cooper:  
[gcooper@rcdos.ca](mailto:gcooper@rcdos.ca)



# PARISH NEWS



Thank you to all parishioners for your continued support!

**Famous Pancake Breakfast—February 22nd** after the **9:00 am & 11:00 am Masses**. We hope to see you all there!

**Fish Fry Dinner Friday, March 27th, 2026** — Tickets for sale on Sunday, Feb 22nd! Two seatings: 4:30 pm & 6:30 pm. Menu: Steal-Head Trout, Baked Potato, French Fries, Coleslaw Salad, Fresh Buns, Desserts, and we will have room for 300 people at each seating. **Price of the ticket is \$35 for adults, \$25 for children 12 & under.** Proceeds support the Diocese, Bishop's Appeal, and St. Mary's Outreach.

**Join the Knights of Columbus** — helping men become better Husbands, Fathers, and Catholics. Contact Wayne Koshman: **306-381-3330** | [koshmanw@gmail.com](mailto:koshmanw@gmail.com)



**Compassion.** Do you recognize the human dignity in all people? Do you feel motivated to do something to help others? **Catholic Women's League** members embark on many projects that directly impact those who are disadvantaged in society. Become a member and be part of the solution. Join us for our next meeting **March 11, 2026 at 7:00 pm.**

- Unsure if the CWL is for you? All women 16 years old and older are welcome to come to our meetings to discern without expectations.
- Add your email to our newsletter to keep up to date with our mission.
- **February 20 is World day of Social Justice.** To learn more, go to <https://www.un.org/en/observances/social-justice-day>.

All enquiries can be directed to [cofhfcwl@gmail.com](mailto:cofhfcwl@gmail.com).

**CALLING ALL SINGERS AND MUSICIANS!**

**YOUTH CHOIR PRACTICE**

MUSIC PLUS FAITH, FELLOWSHIP AND FUN!

**PRACTICE ON WEDNESDAYS 6PM – 8PM**  
MARCH 11, 25    APRIL 1, 15, 22, 29    MAY 6, 13, 27

FOR MORE INFO OR TO SIGN UP:  
[CONCHITA@HOLYFAMILYCATHEDRAL.CA](mailto:CONCHITA@HOLYFAMILYCATHEDRAL.CA)

*We have a new Admin Assistant!*

WE JOYFULLY WELCOME **REGENE SUMALINOG** TO THE CATHEDRAL OF THE HOLY FAMILY COMMUNITY!

**Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care** is a free course on dealing with a life-limiting diagnosis designed to help each of us—caregivers, the sick and dying and family members—to find support and concrete assistance.

**Date & Time: 7:00 – 9:00 pm on four Mondays starting March 2**

Location: Cathedral of the Holy Family  
Facilitated by Jackie Saretsky  
Registration contact: Diane Waldbillig at [waldbilligdiane@gmail.com](mailto:waldbilligdiane@gmail.com).

**HOLY FAMILY ANNUAL BABY BOTTLE DRIVE**

All you have to do is...

Take a bottle home. Fill the bottle with spare cash or a cheque. Bring it to the church on Feb. 22nd.



**2025 tax receipts** are now available for pick up. The receipts are in alphabetical order and if you are unable to locate yours, contact Linda at the parish office.

# WEEKLY LITURGICAL SCHEDULE

## Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

## Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

## Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

## Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **BELOVED** 7pm - 9pm

## Rosary & Devotion to Our Lady of

**Perpetual Help:** Wednesdays @ 6:00pm

**Rosary:** Saturday 11:45am - 12noon

*If you are unable to attend regular Reconciliation times,*

*please phone the office to*

*make an appointment: 306-659-5800*

## Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Regene Sumalinog*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

## Contact us!

Baptism (Infants): [andy@holycathedral.ca](mailto:andy@holycathedral.ca)

Christian Initiation (RCIA): [andy@holycathedral.ca](mailto:andy@holycathedral.ca)

Confirmation & First Eucharist: [hfsacraments.ca](http://hfsacraments.ca)

Covenant of Care: Parish Office: 306-659-5800

Marriage: [gcooper@rcdos.ca](mailto:gcooper@rcdos.ca)

Marriage Preparation: March 2025 - [gcooper@rcdos.ca](mailto:gcooper@rcdos.ca)

Reconciliation by appointment: [info@holycathedral.ca](mailto:info@holycathedral.ca)

Communion to Homebound: [info@holycathedral.ca](mailto:info@holycathedral.ca)

or call 306-659-5800.

Facility Rentals: [jim@holycathedral.ca](mailto:jim@holycathedral.ca)

## Mass Intentions next week

### Monday, February 16

12:15 pm Mass for *Clara Murza*

### Tuesday, February 17

12:15 pm Mass for *+Milagros Rosaldo*

### Thursday, February 19

12:15 pm Mass for *guidance and protection for MaryJo's daughter's family*

## Mass Intentions next week

### Friday, February 20

12:15 pm Mass for *+Marilyn Muller*

10:15 am Mass @ Sherbrooke for *Matthew Wilson*

### Saturday, February 21

12:15 pm Mass for *Theresa*

*Novecosky*

## Expected Livestream Schedule

Mass will be available at [Saskatoonmass.com](http://Saskatoonmass.com) for other Parishes.

## Please Include in your Prayers

*This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800*

Zenitha Joppa Atebe

+Toribio Ramos

Jean-Mark Gareau

Eileen Materi

Isa Glodoveza

+Peter Fashola

Rosalind Matchett

Jannette Magdugo

Ben Friske

Melissa GO

+Pius Ojong Okpa

Hyacinth Fonseca

Nori Cheong

Perry Antosh

Sophie Irlbeck

Russ Gill

+Braydon Bretzer

+Cliff Brian Constantino



## Holy Family Prayer

Most Beloved Sacred Heart of Jesus, As you are the Father's Beloved Son in whom he is well pleased, May we serve others in love as we have been served in love.

Most Blessed Immaculate Heart of Mary As All generations call you blessed through your fiat, May we too move with haste to share the gift of God's love to others.

Most Betrothed Chaste Heart of St. Joseph As you took Jesus and Mary into your home, May we foster free, faithful, fruitful and total love in our family.

Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches, Jesus, Mary, and Joseph, Graciously hear our prayer.



CATHEDRAL OF THE  
HOLY FAMILY

*We are Holy Family*

[www.holyfamilycathedral.ca](http://www.holyfamilycathedral.ca)

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: [info@holycathedral.ca](mailto:info@holycathedral.ca)

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)