



June 1, 2025

CATHEDRAL OF THE HOLY FAMILY



PILGRIMS OF HOPE: CONSOLING THE SACRED HEART OF JESUS

The natural desire to console Christ, which begins with our sorrow in contemplating what he endured for us, grows with the honest acknowledgment of our bad habits, compulsions, attachments, weak faith, vain goals and, together with our actual sins, the failure of our hearts to respond to the Lord's love and his plan for our lives. This experience proves purifying, for love needs the purification of tears that, in the end, leave us more desirous of God and less obsessed with ourselves.

In this way, we see that the deeper our desire to console the Lord, the deeper will be our sincere sense of "compunction". Compunction is "not a feeling of guilt that makes us discouraged or obsessed with our unworthiness, but a beneficial 'piercing' that purifies and heals the heart. Once we acknowledge our sin, our hearts can be opened to the working of the Holy Spirit, the source of living water that wells up within us and brings tears to our eyes...This does not mean weeping in self-pity, as we are so often tempted to do...To shed tears of compunction means seriously to repent of grieving God by our sins; recognizing that we always remain in God's debt...Just as drops of water can wear down a stone, so tears can slowly soften hardened hearts. Here we see the miracle of sorrow, that 'salutary sorrow' which brings great peace...Compunction, then, is not our work but a grace and, as such, it must be sought in prayer." [159] It means, "asking for sorrow in company with Christ in his sorrow, for anguish with Christ in his anguish, for tears and a deep sense of pain at the great pains that Christ endured for my sake". [160]

In contemplating the heart of Christ and his self-surrender even to death, we ourselves find great consolation. The grief that we feel in our hearts gives way to complete trust and, in the end, what endures is gratitude, tenderness, peace; what endures is Christ's love reigning in our lives. Compunction, then, "is not a source of anxiety but of healing for the soul, since it acts as a balm on the wounds of sin, preparing us to receive the caress of the Lord". Our sufferings are joined to the suffering of Christ on the cross. If we believe that grace can bridge every distance, this means that Christ by his sufferings united himself to the sufferings of his disciples in every time and place. In this way, whenever we endure suffering, we can also experience the interior consolation of knowing that Christ suffers with us. In seeking to console him, we will find ourselves consoled.

At some point, however, in our contemplation, we should likewise hear the urgent plea of the Lord: "Comfort, comfort my people!" (Is40:1). As Saint Paul tells us, God offers us consolation "so that we may be able to console those who are in any affliction, with the consolation by which we ourselves are consoled by God" (2 Cor1:4).

This then challenges us to seek a deeper understanding of the communitarian, social and missionary dimension of all authentic devotion to the heart of Christ. For even as Christ's heart leads us to the Father, it sends us forth to our brothers and sisters. In the fruits of service, fraternity and mission that the heart of Christ inspires in our lives, the will of the Father is fulfilled. In this way, we come full circle: "My Father is glorified by this, that you bear much fruit" DILEXIT NOS

PARISH NEWS



Here I am Lord, Send me (Isaiah 6:8) CWL meeting is Wednesday, June 11 at 7 pm. We follow the unborn child from September to June. Bring a baby gift for the Pregnancy Option Centre. Parishioners: there will be a donation box for you to drop off items, too. Needed: diapers, baby wipes, baby wash, baby shampoo, baby lotion, receiving blankets and baby formula. Thank you to Helen and helpers who are organizing and providing a lunch. Thank you to the ladies who deliver the items. Guest speaker will be Conchita Fonseca, MBA, an innovative and experienced learning professional with over 19 years of experience in the corporate and academic sector. Born and raised in Dubai, she moved to Saskatoon in 2023 with her parents and brother. Her passion for empowering young people and nurturing faith led her to Holy Family where she continues her mission of service, learning and spiritual growth. We need volunteers for Father's Day, June 15. Contact Cathy Swarbrick if you can help.



Hello parishioners of the Cathedral of Holy Family, Our Year-end Windup Party, being held at Blackstrap Youth Camp, Tuesday, June 10th, Supper at 6:30 pm, please fill in the invite email that you will get, so we have a good idea of the number of people attending, much thanks in advance for your response! Steak Night Fundraiser for the Knights of Columbus Blackstrap Youth Camp, will be held at Blackstrap Youth Camp, on Thursday, June 12th, 2025, Dinner @ 7:00 pm, tickets are \$30.00/person, this is a fundraiser for the Camp, please email me. We will be having our Election for Executive Officers for the 2025/2026 Columbian Year, in September, if you would like more information, please feel free to contact me at koshmanw@gmail.com. Also, if you have been wanting to be a Knight in our Council, please get in touch with one of our members and we can discuss how we can get your Dream of being a Knight possible! Thanks and please feel free to call me or any of our members! God Bless!!

Sir Grand Knight-Wayne Koshman
(email: koshmanw@gmail.com)

Parish Annual General Meeting Tuesday, June 17, 2025 at 7pm Bishop Klein Room

PARISH PASTORAL COUNCIL NOMINATION 2025



Nominations for Parish Pastoral Council (PPC) are now open. Nominees must be a registered member of the Cathedral of the Holy Family, understands the purpose of the PPC, is committed to the whole mission of the parish community, communicates well in all aspects: listens to others, reflects on what is seen and heard, and shares ideas with clarity, works well with groups: supports, affirms, and respects others and their gifts and is prepared to creatively solve problems and to undertake new initiatives. **Nominations will end on June 4, posted on June 8 and election will take place on June 15.** To submit your nomination please email info@holyfamilycathedral.ca or phone the parish office: 306-659-5800. Please include your name & contact information (phone and/or email) and the name and contact information of the person(s) you are nominating.



**Kindergarten to Grade 5
Parents are encouraged
to attend with their
children**

**KIDS
4CHRIST**
Kids Club K-G5

Free
Entry

**Bring your little ones to
a world full of faith, fun
and adventure!**

**Monthly
6:30 to 8pm**
**Jun 10
Summer Break
Oct 14
Nov 18
Dec 9**

REGISTER ONLINE NOW
OR EMAIL CONCHITA@HOLYFAMILYCATHEDRAL.CA

DISCIPLESHIP PATHWAY

FAMILY SUNDAY

SUNDAY, JUNE 1ST
10:00AM – 11:00AM

Calling all families!
Join us for a time of fun,
music and games.
No registration required

**In The Hall
After the
9am Mass**

SUMMER SLAM PARTY FOR ALTAR SERVERS A JOYFUL GATHERING!



The Summer Slam Party for Altar Servers, held on 24th May, was a vibrant and well-attended event. The day began with engaging training sessions by Fr. Gerard, followed by a hearty lunch enjoyed by all.

A series of fun games added joy, laughter, and a strong sense of team spirit. It was a wonderful opportunity for our altar servers to connect, learn, and grow together in faith and fellowship.

Thank you to all who participated and the youth volunteers who supported this special day!

KINDNESS 316 MOVEMENT

Now it's time to pay it forward.

On Sunday, June 1st, we will be redistributing these blessing bags back to **YOU** – our parishioners – so you can share them with someone in need. Whether it's a person on the street, someone you encounter regularly, or a moment of unexpected grace – let's keep the kindness going!

Want to be part of our amazing Heart2Heart youth (Grades 6–8)?

We gather every 3rd Thursday of the month!
7 to 9pm

Next gathering:
Thursday, June 19th, 7pm to 9pm

To get reminders, email
Conchita@holycathedral.ca

MISSION MULTIPLIED!



"Whatever you did for one of the least of these brothers and sisters of mine, you did for me." – Matthew 25:40

We are overwhelmed by the incredible generosity of our parish community! Our original goal was to make 316 blessing bags, but thanks to YOUR support, our youth were able to create over **670 bags** filled with love, care, and essential items!

This beautiful initiative was led by our Heart2Heart Youth (Grades 6–8), who poured their time, energy, and compassion into this mission. ❤️



**670
BLESSING
BAGS!**

WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **BELOVED** 7pm - 9pm

Rosary & Devotion to Our Lady of

Perpetual Help: Wednesdays @ 6:00pm

Rosary: Saturday 11:45am - 12noon

If you are unable to attend regular Reconciliation times, please phone the office to make an appointment: 306-659-5800

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Johanna Fashola*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holycathedral.ca

Christian Initiation (RCIA): andy@holycathedral.ca

Confirmation & First Eucharist: hfsacraments.ca

Covenant of Care: Parish Office: 306-659-5800

Marriage: gcooper@rcdos.ca

Marriage Preparation: March 2025 - gcooper@rcdos.ca

Reconciliation by appointment: info@holycathedral.ca

Communion to Homebound: info@holycathedral.ca

or call 306-659-5800.

Facility Rentals: jim@holycathedral.ca

Mass Intentions next week

Monday, June 2

12:15 pm Mass for *+Audrey Sass*

Tuesday, June 3

12:15 pm Mass for *Angie Bilodeau*

Wednesday, June 4

12:15 pm Mass for *+Bishop Albert*

7:00 pm Mass for *+Cathy Labelle*

Thursday, June 5

12:15 pm Mass for *Conchita*

Fonseca

Friday, June 6

12:15 pm Mass for *Bev Chomiak*

Saturday, June 7

12:15 pm Mass for *Kevin*

Kaufmann

Expected Livestream Schedule

Mass will be available at Saskatoonmass.com for other Parishes.

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

Kayden Kot

Perla Lansangan

Zenitha Joppa Atebe

Eileen Materi

Rosalind Matchett

Melissa GO

Nori Cheong

Russ Gill

+Toribio Ramos

Ethel Zapatra

Isa Glodoveza

Jannette Magdugo

+Pius Ojong Okpa

Perry Antosh



Holy Family Prayer

Most Beloved Sacred Heart of Jesus, As you are the Father's Beloved Son in whom he is well pleased, May we serve others in love as we have been served in love.

Most Blessed Immaculate Heart of Mary As All generations call you blessed through your fiat, May we too move with haste to share the gift of God's love to others.

Most Betrothed Chaste Heart of St. Joseph As you took Jesus and Mary into your home, May we foster free, faithful, fruitful and total love in our family.

Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches, Jesus, Mary, and Joseph, Graciously hear our prayer. Amen.



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

www.holyfamilycathedral.ca

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: info@holycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)