



June 22, 2025

CATHEDRAL OF THE HOLY FAMILY

MOST HOLY BODY & BLOOD OF CHRIST



PILGRIMS OF HOPE: WORDS THAT LIBERATE AND HEAL THE HEART

Today, God's word helps us to appreciate more deeply two verbs that are simple, yet essential for daily life: to speak and to give. To speak. In the first reading, Melchizedek says: "Blessed be Abram by God Most High... and blessed be God Most High." For Melchizedek, to speak is to bless. He blesses Abraham, in whom all the families of the earth will be blessed. Everything begins with blessing: words of goodness create a history of goodness. The same thing happens in the Gospel: before multiplying the loaves, Jesus blesses them: "Taking the five loaves, he looked up to heaven, blessed and broke them, and gave them to the disciples." Why is it good to bless? Because it turns a word into a gift. When we bless, we are not doing something for ourselves, but for others. Blessing is not about saying nice words or trite phrases. No, it is about speaking goodness, speaking with love. How many times have we received words of encouragement, or a sign of the cross on our forehead? We were blessed on the day of our baptism, and we are blessed at the end of every Mass. The Eucharist is itself a school of blessing. God blesses us, his beloved children, and thus encourages us to keep going. And we, in turn, bless God in our assemblies, rediscovering the joy of praise that liberates and heals the heart. We come to Mass, certain that we will be blessed by the Lord, and we leave in order to bless others in turn, to be channels of goodness in the world.

Only as those who are themselves blessed, can we in turn bless others with that same anointing of love. It is sad to think of how easily people today do the opposite: they curse, despise and insult others. In the general frenzy, we lose control and vent our rage on everything and everyone. Sadly, those who shout most and loudest, those angriest, often appeal to others and persuade them. Let us avoid being infected by that arrogance; let us not let ourselves be overcome by bitterness, for we eat the Bread that contains all sweetness within it. God's people love to praise, not complain; we were created to bless, not grumble.

The second verb is to give. "Speaking" is thus followed by "giving". This was the case with Abraham who, after being blessed by Melchizedek, "gave him a tenth of everything." It was the case, too, with Jesus who after reciting the blessing, gave the loaves to be distributed among the crowd. This tells us something very beautiful. Bread is not only something to be consumed; it is a means of sharing. Surprisingly, the account of the multiplication of the loaves does not mention the multiplication itself. On the contrary, the words that stand out are: "break", "give" and "distribute." In effect, the emphasis is not on the multiplication but the act of sharing. This is important. Jesus does not perform a magic trick; he does not change five loaves into five thousand and then to announce: "There! Distribute them!" No. Jesus first prays, then blesses the five loaves and begins to break them, trusting in the Father. And those five loaves never run out. This is no magic trick; it is an act of trust in God and his providence.

Pope Francis, Homily Corpus Christi

PARISH NEWS



Here I am Lord, Send me (Isaiah 6:8) Here I am Lord, Send me (Isaiah 6:8) Our CWL meeting is second

Wednesday of the month September to June. We write personal prayers for the prayer bowl and this month Avis is taking them and praying over them. Birthdays for the next three months were recognized. We adopted \$500 for Time Out for Moms to support their ministry, \$250 to St. Therese Institute of Faith and Mission capital fund, and \$300 to Blackstrap Youth Camp for their greatest need. Guest speaker was Conchita Fonseca, an excellent speaker, who told us how she became the Coordinator of Evangelization to Families. We are fortunate to have her guiding our children. She mentioned Romans 8:28 as a favorite. Anne-Marie Hughes from Pregnancy Option Centre thanked us for our donations. We recognize the unborn baby from September to June and pray for all women who refuse to accept abortion. Contact cofhfcwl@gmail.com if you are able to help in the kitchen July 4-6. **Thank you** to ladies who volunteer at Clothing Depot, in the church, and in the kitchen. *Luke 6:38 Give and it will be given to you...For by your standard of measure it will be measured to you in return.*



The Knights of Columbus from Council #8215 here at the Cathedral of the Holy Family, would like to thank you for your support in all the events we are a part of!

We are having this Sunday, June 22nd, our famous Cinnamon Bun Breakfast after the 9 am and 11 am masses. Please plan to attend and find out who the family of the Year is!

I ask that every Knight ask one Catholic Gentlemen to become a Knight, we are the 2nd largest Council in Saskatchewan and we would like all 257 of our members to ask one person to become a Knight and we would be the largest Council!

If you are wanting to become a Knight, we will be glad to discuss with you the next steps and if you are thinking about the Knights, we would be glad to discuss with you as well!

Please feel free to contact me at koshmanw@gmail.com, if you have any questions.

We will not be having any meetings during the summer months, we will have our next General meeting on September 9th, where we will have our installation of officers for our council.

Have a great summer!

CATHEDRAL OF THE
HOLY FAMILY
PRESENTS

SUMMER BELOVED

Jubilee 2025: Pilgrims of Hope

July 4, 2025

11 AM - MASS 12:15

TESTIMONY + TALK

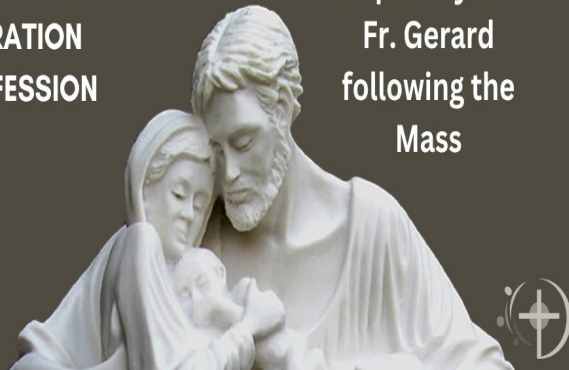
ADORATION

CONFESSION

Hospitality with

Fr. Gerard

following the
Mass



WE ALL HAVE A STORY. IT'S TIME YOU KNEW YOURS WITH JESUS.

WHAT'S YOUR STORY?



Join us for a personal
testimony workshop on
Thursday, June 26th

**6 to 7:30pm in the Bishop
Klein Room.**

Register by June 25th



DISCIPLESHIP PATHWAY

Faith in Motion: Cathedral Schools Unite in Eucharistic Procession

On Thursday, May 29, 2025, the streets of Saskatoon became a living testimony of faith and unity as students from six Catholic schools participated in a **Eucharistic Procession**. From 8:00 a.m. to 2:00 p.m., the Blessed Sacrament was reverently carried from **St. Joseph's High School**, making stops at **St. Volodymyr, École Father Robinson, Holy Family Catholic School, St. Nicholas, and École St. Mother Teresa**.



The success of the event was made possible by the dedicated efforts of **school principals, vice principals, and Catholic Studies department heads**, whose coordination, creativity, and leadership allowed the vision to take shape. Their commitment to the spiritual life of students is deeply appreciated and was visibly fruitful throughout the day.

The procession, led by **Fr. Gerard Cooper and Fr. Joe Nello** of the Cathedral of the Holy Family, was a part of Catholic Education Week and served as both a public act of devotion and a prayer for peace and blessing upon the city. At each stop, students greeted the Eucharist with song, prayer, and reverence, gathering around beautifully decorated altars prepared by each school community.



A special highlight of the day was the presence of **Bishop Mark Hagemoen**, who joined in walking a portion of the procession and offering blessings to the students and staff.

At each school, students welcomed the Holy Eucharist and had a short time of adoration, with their students then continuing on foot to accompany Jesus to the next location, creating a chain of faith-filled pilgrims throughout the day. Volunteers carried candles, incense, and the ceremonial canopy over the Blessed Sacrament.

As the Eucharist passed through neighbourhoods, a quiet reverence stirred - residents paused on sidewalks, waved from windows, or stood in silent prayer, their hearts drawn to the sacred presence moving among them.

The procession concluded back at the Cathedral of the Holy Family, with hearts lifted and a city quietly blessed by the presence of Jesus carried by its youngest faithful.



WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **BELOVED** 7pm - 9pm

Rosary & Devotion to Our Lady of

Perpetual Help: Wednesdays @ 6:00pm

Rosary: Saturday 11:45am - 12noon

If you are unable to attend regular Reconciliation times, please phone the office to make an appointment: 306-659-5800

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Johanna Fashola*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holycathedral.ca

Christian Initiation (RCIA): andy@holycathedral.ca

Confirmation & First Eucharist: hfsacraments.ca

Covenant of Care: Parish Office: 306-659-5800

Marriage: gcooper@rcdos.ca

Marriage Preparation: March 2025 - gcooper@rcdos.ca

Reconciliation by appointment: info@holycathedral.ca

Communion to Homebound: info@holycathedral.ca

or call 306-659-5800.

Facility Rentals: jim@holycathedral.ca

Mass Intentions next week

Monday, June 23

12:15 pm Mass for *+Bishop Albert*

Tuesday, June 24

12:15 pm Mass for *+Tamara Harding Wolsater*

Wednesday, June 25

12:15 pm Mass for *Aivelito Garro*
7:00 pm Mass for *+Janine Ozmun*

Thursday, June 26 12:15 pm Mass for *Evelyn Germsheid*

Friday, June 27

12:15 pm Mass for *Ryan Grasdaho +Derek & +Danny Hagel*

Saturday, June 28

12:15 pm Mass for *Paula Kaufmann*

Expected Livestream Schedule

Mass will be available at Saskatoonmass.com for other Parishes.

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

Kayden Kot	Nori Cheong	+Pius Ojong Okpa
Perla Lansangan	Russ Gill	Perry Antosh
Zenitha Joppa Atebe	+Toribio Ramos	+Braydon Bretzer
Eileen Materi	Ethel Zapatra	Linda, Colby, Deserae
Rosalind Matchett	Isa Glodoveza	
Melissa GO	Jannette Magdugo	



Holy Family Prayer

Most Beloved Sacred Heart of Jesus, As you are the Father's Beloved Son in whom he is well pleased, May we serve others in love as we have been served in love.

Most Blessed Immaculate Heart of Mary As All generations call you blessed through your fiat, May we too move with haste to share the gift of God's love to others.

Most Betrothed Chaste Heart of St. Joseph As you took Jesus and Mary into your home, May we foster free, faithful, fruitful and total love in our family.

Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches, Jesus, Mary, and Joseph, Graciously hear our prayer. Amen.



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

www.holycathedral.ca

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Email: info@holycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)