



September 7, 2025

CATHEDRAL OF THE HOLY FAMILY

23RD SUNDAY IN ORDINARY TIME



PILGRIMS OF HOPE: THE COURAGE TO CHOOSE LOVE

Holy Father, our years are marked by important decisions as we are faced with choices that will shape our future. However, due to the climate of uncertainty surrounding us, we are tempted to procrastinate, and we are paralyzed by the fear of an uncertain future. We know that choosing means giving something else up and this becomes an obstacle for us. Despite everything, we sense that hope points to achievable goals, even if they are marked by the precariousness of the present moment. Holy Father, we ask you: where do we find the courage to choose? How can

we be courageous and live the adventure of freedom, making radical and meaningful choices?

Thank you for this question. The question is, where can we find the courage to choose and to make wise decisions? To choose is a fundamental human act. Looking at it closely, we realize that it is not just a matter of choosing something, but of choosing someone. When we make a choice, in the strict sense, we decide who we want to become. The most important choice is the decision about the direction of our life: What kind of man do you want to be? What kind of woman do you want to be? Dear young people, we learn to choose through the trials of life, but above all by remembering that we have been chosen. This reality must be explored and fostered. We received life as a gift, without choosing it! Our existence did not originate from our decision, but from a love that wanted us. Throughout our lives, those who help us recognize and renew this grace through our choices prove themselves to be our true friends.

Dear young people, you said it well: "choosing means giving something else up and this becomes an obstacle for us." To be free, we need to start from a stable foundation, from the rock that supports our steps. This rock is a love that precedes us, surprises us and is infinitely greater than us: the love of God. Therefore, before God, choice becomes a judgment that takes nothing away, but always leads to the greatest good. The courage to choose comes from love, which God shows us in Christ. It is he who loved us with his whole self, saving the world and thus showing us that self-giving is the way to our fulfillment. For this reason, the encounter with Jesus corresponds to the deepest longings of our hearts, because Jesus is God's love made man. Twenty-five years ago, right here where we are now, Saint John Paul II spoke on this subject, saying: "It is Jesus in fact that you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle." Fear then gives way to hope, because we are certain that God brings to completion what he begins.

We recognize his faithfulness in the words of those who truly love, because they have been truly loved. "You are my life, Lord": this is what a priest and a consecrated sister say full of joy and in complete freedom, "You are my life, Lord." "I take you to be my wife and I take you to be my husband": this is the phrase that transforms the love of a man and a woman into an efficacious sign of God's love in marriage. These are radical, meaningful choices: Matrimony, Holy Orders, and Consecrated Life. They express the free and liberating gift of self that makes us truly happy. That is where we find happiness, when we learn to give ourselves, to give our lives for others. These choices give meaning to our lives, transforming them into the image of the perfect love that created them and redeemed them from all evil, even from death. Find the courage to make difficult choices and say to Jesus: "You are my life, Lord." **(World Day of Youth Prayer Vigil with Pope Leo XIV)**

PARISH NEWS



Ignite your passion; Empower His mission. The Catholic Women's League (CWL) meets the second Wednesday of the month September to June at 7 o'clock. **All ladies welcome!!** CWL membership is \$45 each year. A portion goes to National, provincial, diocese, insurance, and to us. The CWL magazine always has interesting articles from across Canada including a message from the President and National Spiritual Advisor. **Our first meeting is Wednesday, September 10, with 7 pm mass.** Come and see! Fr. Joe has then been invited to give a short exhortation regarding the role of the laity in the church. Do you like to help out and become involved in church functions?? We need you! Come and join the discussion. **For this community of faith, called to constant faithfulness we pray to the Lord.**

Horizons of Hope: A Catholic Toolkit on Palliative Care will be offered Saturday, Sept. 27 from 9:30 a.m. to 4 p.m. at St. Patrick Parish, 3339 Centennial Dr., Saskatoon; cost \$25 (includes lunch). When confronted with a life limiting diagnosis, we can find ourselves in an unfamiliar and even frightening situation. As Catholics, our faith in Jesus Christ has much to teach us about living and dying well! To register for the program Sept. 27 contact Jane Tabalbag at spsaskatoon@rcdos.ca or call (306) 384 1100. (Hospital Chaplaincy is supported by gifts to the BAA).



Attention all Parishioners of the Cathedral of the Holy Family, bring yourself, your family, as we will be having a Family Day on Sunday, September 14th in the afternoon starting at 1 pm, there is no cost, donations will be greatly accepted, as we put on a day out at Blackstrap Youth Camp, there will be the swimming pool open (indoor pool), canoes available, along with all the programs at the camp, there will be Hotdogs and Hamburgers, come out and enjoy the beautiful Knights of Columbus Camp, we look forward to seeing you all there.

Please email (blair.carruthers@kfc.org), if you, your family, as the number that will be attending the Family Day, so we may have the right amount of food, appreciate your quickness! Attention: All Brother Knights, we will be having our first General Meeting this Tuesday, Sept 9th, starting at 7 pm, in the Bishop Klein Room, we will be having an election for Officers, if you are wanting to be an Officer, please plan to attend this very important meeting, thanks! I ask that every Knight ask one Catholic Gentlemen to become a Knight, we are the 2nd largest Council in Saskatchewan and we would like all 257 of our members to ask one person to become a Knight and we would be the largest Council! Please feel free to contact me at koshmanw@gmail.com, if you have any questions.

Hope you had a great summer!

SIR Grand Knight Wayne Koshman

Faith Friends meets on Thursday mornings at 10:00 to 11:30 am starting September 11 in the Loretto room, first door on the left down the hallway at the Cathedral of Holy Family. This is a small Christian community offering a time of fellowship to share our spiritual journey. We discuss the coming Sunday Scriptures and offer prayer for the needs of the group and the world. There is no charge and all are welcome to join us. For more information, email Diane at waldbilligdiane@gmail.com.

Forever in Motion is a free exercise class for older adults which is offered at the Cathedral of Holy Family on Mondays and Thursdays at 10:00 am in the hall. All are welcome for socializing and gentle exercise using chairs, resistance bands and small weights. Drop in whenever you can and have fun with us as we all work out at our own pace.

St. Laurent – Nativity of Mary September 8

Monday, September 8 at Our Lady of Lourdes Shrine, St. Laurent, SK

- 6:00 pm to 6:45 pm – Confessions at the Grotto / Rosary / Bouquet offering (bring a rose, or roses available at the candle booth for \$2 each)
- 7:00 pm – Mass with Bishop Stephen Hero presiding
- 8:00 pm – Birthday cake and coffee at the food booth

DISCIPLESHIP PATHWAY

sss Kitchen Helpers Needed!

We are looking for volunteers to help in the kitchen for funeral luncheons and other parish events. Please join us in this important service ministry. Training, fellowship and fun are provided!

Please contact us at cofhfcwl@gmail.com

Or by using this QR code:



All
Parishioners
welcome!



WELCOME SUNDAY

SUNDAY, SEPTEMBER 7

AFTER 9 AM AND 11 AM MASS

Join us for a time of fellowship and coffee

No registration required

In The Hall
after the
9am and
11am Mass

Love Thy
Neighbour
Mark 12:31



PREPARATION FOR

FIRST COMMUNION
or **CONFIRMATION**

hfsacraments.ca



The Cathedral of the Holy Family Parish Pastoral Council Presents

FALL SUPPER

Saturday, September 27th, 2025

Supper starts at 5:30 pm

Doors open @ 4:30 pm

Tickets

Regular - \$20
5-10 years - \$10
Children (4 & under) - Free

Menu

Roast Turkey, Stuffing,
Mashed Potatoes & Gravy,
Vegetable, Salad, Dessert,
Coffee & Juice

Tickets AVAILABLE at the
Parish office starting
September 7th - 22nd and
after Sunday Masses on
September 7th, 14th & 21st
Deadline: September 22nd
Limit 300 seats

Tickets go on sale Sunday, September 7th!

WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **BELOVED** 7pm - 9pm

Rosary & Devotion to Our Lady of

Perpetual Help: Wednesdays @ 6:00pm

Rosary: Saturday 11:45am - 12noon

If you are unable to attend regular Reconciliation times, please phone the office to make an appointment: 306-659-5800

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Johanna Fashola*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holycathedral.ca

Christian Initiation (RCIA): andy@holycathedral.ca

Confirmation & First Eucharist: hfsacraments.ca

Covenant of Care: Parish Office: 306-659-5800

Marriage: gcooper@rcdos.ca

Marriage Preparation: March 2025 - gcooper@rcdos.ca

Reconciliation by appointment: info@holycathedral.ca

Communion to Homebound: info@holycathedral.ca

or call 306-659-5800.

Facility Rentals: jim@holycathedral.ca

Mass Intentions next week

Monday, September 8

12:15 pm Mass for *Lana Profett - Fahlgren*

Tuesday, September 9

12:15 pm Mass for *Stephanie Belanger*

Wednesday, September 10

12:15 pm Mass for *Carmen Moore*
7:00 pm Mass for *+Josh Volk*

Thursday, September 11

12:15 pm Mass for *Penelope Sanz*

Mass Intentions next week

Friday, September 12

12:15 pm Mass for *+Rosemary Boysen*

10:15 am Mass @ Sherbrooke

Saturday, September 13

12:15 pm Mass for *+Fr Jagdish*

Expected Livestream Schedule

Mass will be available at Saskatoonmass.com for other Parishes.

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

Kayden Kot	Nori Cheong	+Pius Ojong Okpa
Perla Lansangan	Russ Gill	Perry Antosh
Zenitha Joppa Atebe	+Toribio Ramos	+Braydon Bretzer
Eileen Materi	Ethel Zapatra	+ Peter Fashola
Rosalind Matchett	Isa Glodoveza	Ben Friske
Melissa GO	Jannette Magdugo	Conchita Fonseca



Holy Family Prayer

Most Beloved Sacred Heart of Jesus, As you are the Father's Beloved Son in whom he is well pleased, May we serve others in love as we have been served in love.

Most Blessed Immaculate Heart of Mary As All generations call you blessed through your fiat, May we too move with haste to share the gift of God's love to others.

Most Betrothed Chaste Heart of St. Joseph As you took Jesus and Mary into your home, May we foster free, faithful, fruitful and total love in our family.

Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches, Jesus, Mary, and Joseph, Graciously hear our prayer. Amen.



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

www.holycathedral.ca

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: info@holycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)