July 5, 2026

CATHEDRAL OF THE HOLY FAMILY

14TH SUNDAY IN ORDINARY TIME



'You are not in the flesh, you are in the Spirit.'

That's what St Paul has to say to us. Too often we think we are in the flesh, slaves to sin. Sometimes people think that's the Christian message: that we are sinners and nothing is going to change. But that's to mistake the Christian message and to mistake ourselves, who have been given a new birth in Christ: a case of mistaken identity. Paul knew how easily such mistakes could be made, and he wants to remind us of our true identity.

This identity was ever something deeply mysterious. It's not obvious from looking at us who we really are, not even to the most learned of people. Such people can say things true of us, but they can't tell the full story of who we are, because they don't have the means to discover our true identity. The wise men and women of each science see only from a certain point of view on the world, and every perspective is limited. Every point of view comes from somewhere, and it can only see so far.

Except God's viewpoint. God can see all things, the Lord of heaven and earth, as Jesus salutes him. He sees us all, knows who we are, and nothing escapes his sight. Only God has the means to tell us who we are. Our identity is a mystery, because only God knows it, and anyone to whom God chooses to reveal it. To the wise this is hidden, because they have no means to uncover so great a mystery. But God uncovers this mystery, when he shows us Jesus Christ.

God reveals himself to us in Christ. But God isn't all that Jesus reveals – he also reveals us to ourselves, shows us what our humanity is called to be. Jesus thanks God his Father for revealing mysteries – and among them is the identity of Jesus – he is the Son of the Father. And in so doing, he reveals the identity he has in store for us, that we too should become children of God. This revelation is not made to the wise, but to infants, in other words, to us. This reveals who all of us are who accept the words of Christ, that we are tiny brothers and sisters of the Son of God, who have been given a new birth and a new identity.

Jesus also reveals that he gives rest to those who learn from him. The very next thing that happens in the Gospel is a dispute between Jesus and those learned in the law about keeping the sabbath. The sabbath was a day of rest to anticipate our final sharing in the rest of God, who rested on the seventh day after his work of creation. In the story of creation, God rested after his work of creating all things, including us in his own image. If we are the people who have found rest in Christ, this can only be because a great work has been completed, and we need have no cause to labour at it.

This work is a new creation. We have been created anew in the image of Christ, adopted as children of God, babes in Christ. This work has been done through the Spirit of Christ, and we have been made Christ's. This is why Paul tells us that we are in the Spirit. If we must continue to resist sin, it is not because we are still sinners. Instead it is because we are called to participate in the victory of Christ, because we are already Christ's. If we continue to labour, it is because the work of making us children of God is already done: we labour not to become God's children, but to live as the people we already are. That this work is done is no cause for laxity, but for rejoicing.

And when we are forgiven, we are not just reconciled to God and the Church: we are reconciled to ourselves, our true selves. Resist every case of mistaken identity! Do not forget who you are, and who your neighbour is. If we forget, we can do only damage; but if we remember, then God will bring to perfection the good work he has begun in us, and we shall rest in him forever.

(Fr Simon Gaine OP, Torch)

DISCIPLESHIP PATHWAY

Summer Pilgrimages 2026



Reward Pilgrimage - Sunday, July 12

Holy Rosary Shrine and Church is 3 kms south of Reward, SK.

- 1:00 pm to 3:30 pm - Children's activities and family scavenger hunt
- 2:00 pm - Adoration and confession
- 3:15 pm - Rosary with Marian hymns,
- 4:00 pm - Mass followed by supper (free-will offering)
- 5:30 pm - Casual soccer game

A bus has been organized from St. Paul Co Cathedral in Saskatoon to the Reward Pilgrimage Sunday, July 12, departing at 10:00 am; price is $30, including a picnic lunch. Tickets: contact Sr. Mary Peter at (306) 986-3885 or e-mail **srpeter-mary@stpaulcocathedral.ca**.

Mount Carmel Pilgrimage - Sunday, July 19



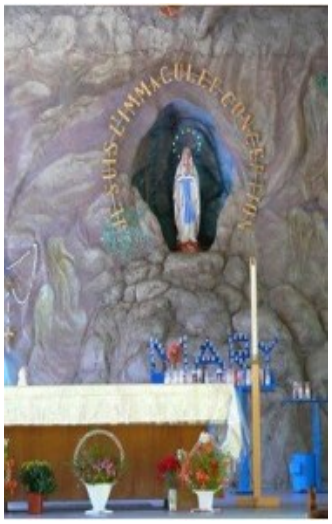
The Shrine of Our Lady of Mount Carmel is located on a hilltop about 4.5 kms north of Carmel, SK (west of Humboldt)

- 9:30 am - Sacrament of Reconciliation
- 10:00 am - Marian Hymns, Rosary, Confessions
- 10:45 am - Mass with Bishop Mark Hagemoen presiding, Blessing of the Fields, Blessing of the Sick
- 12:00 pm - Lunch (concession available)
- 1:30 pm - Stations of the Cross/ Eucharistic Adoration
- 2:30 pm - Enrolment of the Scapular
- 3:30 pm - Soccer game and family wiener roast

St. Laurent Pilgrimage - July 15 July 16 / Aug. 15 / Sept. 8

Shrine of Our Lady of Lourdes in the Catholic Diocese of Prince Albert at St. Laurent, SK, is located 12 kms directly east of Duck Lake, SK.

NOTE: There will be nine days (Novena) of Eucharistic celebrations and prayers at the site before the main pilgrimage, held at 7:00 pm **daily from July 6 to 14**, except on Sunday, July 12, when Mass will be at 4:00 pm.



Wednesday, July 15

3:00 pm. to 11:00 pm - St. Carlo Acutis Eucharistic Miracles Exhibit in the log church
3:30 pm - Information session about the future of the site
4:00 pm - Holy Hour with adoration, rosary and prayers, followed by supper
7:00 pm to 8:00 ppm - Sacrament of Reconciliation
7:15 pm - Marian devotions
8:30 pm - Mass
9:45 pm - Torchlight procession from the Grotto to the Log Church for Eucharistic adoration.

Thursday, July 16

9:00 am to 5:00 pm. - St. Carlo Acutis Eucharistic Miracles Exhibit in the Log Church
9:00 am - Mass in Cree with Archbishop Susai Jesu, OMI, at the Imihew Aski Prayer Meadow
9:00 am - Divine Liturgy in English with Bishop Michael Smolinski, CSsR, at the Grotto
11:00 am - Mass with Msgr. Maurice Fiolleau, priests and deacons at the Grotto
12:00 pm - Lunch
2:00 pm - Anointing of the Sick
3:15 pm - Way of the Cross
4:00 pm - Information session about the future of the site.

More information about St. Laurent events this summer, including on the Feast of the Assumption on **Aug. 15** and on the Nativity of the Blessed Virgin Mary on **Sept. 8**: **www.padiocese.ca/st-laurent-shrine**.

PARISH NEWS

Thank you to all our parishioners for your continued support of our events!

As summer begins, we wish you and your loved ones a joyful and blessed season. May you enjoy quality time with family, grow closer to the Lord, and experience His abundant blessings.

Join Council 8215 of the Knights of Columbus—helping men become better husbands, fathers, and Catholics. For information, contact Wayne Koshman at (306) 381-3330 or email koshmanw@gmail.com.

God Bless all our Brother Knights and their families!

INNOVATION. Members of the Catholic Women's League bring innovative ideas to develop resolutions for change. We read the signs of the times and propose creative solutions. Be a part of the process! Join us for our welcome back meeting on September 9, 2026 at 7:00 pm.

Ever wonder what the CWL is involved in? Members demonstrate their commitment to faith, service, and social justice by praying for our parishioners and fellow CWL sisters, expectant mothers and the unborn; attending meetings and learning from a variety of guest speakers on community issues; bringing Holy Communion to those who can no longer attend Mass; sharing our faith with residents at Sherbrooke Community Centre; providing hospitality at funerals; supporting our Faith Formation team through parish events; enhancing our worship space with art, décor, and landscaping; serving in the liturgical ministries; and caring for our wider community through donations of time, talent, treasure, and prayer.

These are just some of the many ways the CWL lives out its mission. **Join us. Ignite Your Passion. Empower His Mission.**

For more information, email cofhfcwl@gmail.com.

Holy Family REFUGEE COMMITTEE

Welcoming. Supporting. Belonging.

Holy Family Refugee Committee is preparing to welcome another family to our parish community soon. We need to collect good used household items for their family of 4.



Needed items are household items and two adult bicycles, one female and one male, for the teenagers.

Also if you are interested in joining our committee to support their settlement you are welcome.

Email us at **holyfamilyrefugeecommittee@gmail.com**
or phone the parish office at **306-659-5800.**





WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times
Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times
Monday - Saturday: 12:15pm
Wednesdays: 7:00pm
Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation
Thursday: 7pm - 8:30pm
Friday: 11am - 12noon
Saturday: 11am - 12noon

Eucharistic Adoration:
Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **SUMMER BELOVED** 11am - 12:15pm
Rosary & Devotion to Our Lady of Perpetual Help: Wednesdays @ 6:30pm
Rosary: Saturday 11:45am - 12noon

If you are unable to attend regular Reconciliation times,

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*
Pastor Rector - *Fr. Gerard Cooper*
Associate Pastor - *Fr. Joe Nelo Penino*
Faith Formation Minister - *Andy Korvemaker*
Coordinator of Evangelization to Families - *Conchita Fonseca*
Financial Secretary - *Linda Bobowski*
Facilities Manager - *Jim Nakoneshny*
Administrative Assistant - *Regene Sumalinog*
Pastoral Council Chair - *Jonas Taillon*
Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): *andy@holyfamilycathedral.ca*
Christian Initiation (RCIA): andy@holyfamilycathedral.ca
Confirmation & First Eucharist: *hfsacraments.ca*
Covenant of Care: Parish Office: *306-659-5800*
Marriage: *gcooper@rcdos.ca*
Reconciliation by appointment: *info@holyfamilycathedral.ca*
Communion to Homebound: *info@holyfamilycathedral.ca*
Facility Rentals: *jim@holyfamilycathedral.ca*

Mass Intentions next week

Monday, July 6
12:15 pm Mass for *Maria Paiva*

Tuesday, July 7
12:15 pm Mass for †*Petronila Santos*

Wednesday, July 8
12:15 pm Mass for †*Ivan Pinto*
7:00 pm Mass for †*Marie Casavant*

Mass Intentions next week

Thursday, July 9
12:15 pm Mass for *Alexis Peters*

Friday, July 10
12:15 pm Mass for †*Julius Fernandez*
10:15 am Mass @ Sherbrooke for †*Wilfredo Reyes*

Saturday, July 11
12:15 pm Mass for †*Cesar Flores*

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

†Toribio Ramos
†Pius Ojong Okpa
†Braydon Bretzer
†Peter Fashola
†*Cesar Flores*
Jannette Magdugo
Eileen Materi
Rosalind Matchett
Melissa Go
Nori Cheong
Russ Gill
Rose Friske
Ben Friske
Hyacinth Fonseca
Isa Glodoveza
Pilar Glodoveza
Joelle Buckle
Sophie Irlbeck
Sharon Therens
Maryan Principe & Family
Zenitha Joppa Atebe
Lucas Hilderman
Jackie Hilderman
Robert Huebert

CATECHISM CORNER

THE LAMP THAT SILENTLY INVITES US TO ADORE AND TO PRAY.

The tabernacle lamp burns continuously to remind us that Jesus is truly present in the Blessed Sacrament. People come into a church and they notice a small red lamp glowing near the altar or tabernacle yet few realize the profound truth it proclaims. The tabernacle lamp indicates the presence of the Blessed Sacrament reserved in the tabernacle. It as a silent witness to Christ's Real Presence. It reminds the faithful that Jesus is present in His Church. It invites all who enter to pray, to adore, and to do reverence for the Lord.

A Sign of the King's Presence

Just as a light may signify that someone is home, the sanctuary lamp signifies that the King of Kings is present. Jesus is not merely remembered. Jesus is not merely symbolized. Jesus is truly present—Body, Blood, Soul, and Divinity—in the Holy Eucharist. It is a call…

TO REVERENCE. The sanctuary lamp is also a call to devotion. Genuflect before entering the pew or in the adoration chapel Spend a moment in silent prayer. Acknowledge the presence of Christ. Offer Him your worship and love.

TO REMEMBER. That small flame is not a decoration. It is a testimony to the Eucharistic Presence of Jesus. It is a reminder that the Lord dwells among His people. It is an invitation to prayer and adoration. The next time you enter a Catholic church and see the sanctuary lamp burning, pause for a moment and remember:

Jesus is here. Jesus is waiting. Jesus is present.

CATHEDRAL OF THE HOLY FAMILY
We are Holy Family

123 Nelson Road Saskatoon, SK S7S 1H1
PH: 306-659-5800
Email: info@holyfamilycathedral.ca
Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)

www.holyfamilycathedral.ca