



August 2, 2026

CATHEDRAL OF THE HOLY FAMILY

18TH SUNDAY IN ORDINARY TIME



This Sunday's Gospel presents to us the miracle of the multiplication of the loaves. The scene takes place in a deserted place, where Jesus had retired with His disciples. But the people found Him so as to listen to Him and to be healed: indeed, His words and His

gestures restore and bring hope. At sundown, the crowd was still present and the disciples, practical men, invited Jesus to send them away so that they could go and find something to eat. But He answered: "You give them something to eat". We can imagine the disciples' faces! Jesus was well aware of what He was about to do, but He wanted to change their attitude: not to say, "send them away," "let them fend for themselves", "let them find something to eat", but rather, "what does Providence offer us to share?" These are two opposite ways of behaving. And Jesus wants to bring them to the second way of behaving because the first proposal is that of the practical person, but is not generous: "send them away so they can go and find, let them fend for themselves." Jesus thinks another way. Jesus wants to use this situation to educate His friends, both then and now, about God's logic. And what is God's logic that we see here? The logic of taking responsibility for others. The logic of not washing one's hands, the logic of not looking the other way.

As soon as one of the Twelve says, realistically, "We have here only five loaves of bread and two fish", Jesus answers, "Bring them here to me". He takes the food in His hands, raises His eyes heavenward, recites the blessing and begins to break it and give the pieces to the disciples to hand out. And those loaves and fish did not run out; there was enough, and plenty left over for thousands of people. With this gesture, Jesus demonstrates His power; not in a spectacular way but as a sign of charity, of God the Father's generosity toward

His weary and needy children. He is immersed in the life of His people, He understands their fatigue and their limitations, but He does not allow anyone to be lost, or to lose out: He nourishes them with His word and provides food in plenty for sustenance.

In this Gospel passage we can perceive a reference to the Eucharist, especially in the description of the blessing, the breaking of the bread, delivery to the disciples, and distribution to the people. It is noteworthy how close the link is between the Eucharistic bread, nourishment for eternal life, and daily bread, necessary for earthly life. Before offering Himself to the Father as the Bread of salvation, Jesus ensures there is food for those who follow Him and who, in order to be with Him, forgot to make provisions. At times the spiritual and the material are in opposition, but in reality spiritualism, like materialism, is alien to the Bible. It is not biblical language.

The compassion and tenderness that Jesus showed towards the crowds is not sentimentality, but rather the concrete manifestation of the love that cares for the people's needs. And we are called to approach the Eucharistic table with these same attitudes of Jesus: compassion for the needs of others, this word that is repeated in the Gospel when Jesus sees a problem, an illness or these people without food. Compassion, is not a purely material feeling; true compassion is *patire con*, to take others' sorrows on ourselves. Perhaps it would do us good today to ask ourselves: Do I feel compassion when I read news about war, about hunger... Do I feel compassion toward the people who are near to me? Am I capable of suffering with them, or do I look the other way, or "they can fend for themselves"? Let us not forget this word, which is trust in the provident love of the Father, and means courageous sharing. — Pope Francis



DISCIPLESHIP PATHWAY

Summer Pilgrimages 2026

St. Philomena Walking Pilgrimage - August 11 to 14

St. Philomena Walking Pilgrimage is a supported walk starting Aug. 11 at St. Mary Church, Yorkton, enroute to the Shrine of Our Lady of Lourdes, at Rama, SK, for the Aug. 14 pilgrim age.

***** Please note that the ff schedule is subject to minor changes *****

Day 1 - St. Mary's Parish, Yorkton to the Springside Apostolic Bible Camp 24 km
Day 2 - Springside Apostolic Bible Camp to Burgis Beach Hall, 30 km
Day 3 - Burgis Beach to the village of Buchanan 29 km
Day 4 - Buchanan to the Shrine of Our Lady of Lourdes, Rama 21 km



Find more information about this walking pilgrimage at: www.stphilomena.ca.

St. Laurent Pilgrimage - Aug. 15 / Sept. 8

Shrine of Our Lady of Lourdes in the Catholic Diocese of Prince Albert at St. Laurent, SK, is located 12 kms directly east of Duck Lake, SK.

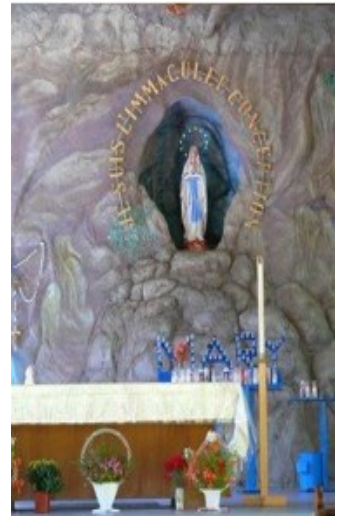
NOTE: There will be nine days (Novena) of Eucharistic celebrations and prayers at the site before the main pilgrimage, held at 7:00 pm daily from July 6 to 14, except on Sunday, July 12, when Mass will be at 4:00 pm.

Wednesday, July 15

3:00 pm. to 11:00 pm - St. Carlo Acutis Eucharistic Miracles Exhibit in the log church
3:30 pm - Information session about the future of the site
4:00 pm - Holy Hour with adoration, rosary and prayers, followed by supper
7:00 pm to 8:00 ppm - Sacrament of Reconciliation
7:15 pm - Marian devotions
8:30 pm - Mass
9:45 pm - Torchlight procession from the Grotto to the Log Church for Eucharistic adoration.

Thursday, July 16

9:00 am to 5:00 pm. - St. Carlo Acutis Eucharistic Miracles Exhibit in the Log Church
9:00 am - Mass in Cree with Archbishop Susai Jesu, OMI, at the Imihew Aski Prayer Meadow
9:00 am - Divine Liturgy in English with Bishop Michael Smolinski, CSsR, at the Grotto
11:00 am - Mass with Msgr. Maurice Fiolleau, priests and deacons at the Grotto
12:00 pm - Lunch
2:00 pm - Anointing of the Sick
3:15 pm - Way of the Cross
4:00 pm - Information session about the future of the site.



More information about St. Laurent events this summer, including on the Feast of the Assumption on Aug. 15 and on the Nativity of the Blessed Virgin Mary on Sept. 8: www.padiocese.ca/st-laurent-shrine.

Rama Pilgrimage - August 14 & 15

The Rama Shrine of Our Lady of Lourdes is located in the Archdiocese of Regina at St. Anthony Church, 104-1st Street North, Rama, SK.

A bus has been organized from Saskatoon for the first day of the annual Pilgrimage to Our Lady of Lourdes Shrine at St. Anthony Church, Rama, SK. on **Friday, Aug. 14, 2026**. Cost is \$40 per person. (*Space is limited, non-refundable*). Register at <https://form.jotform.com/261527807980264> or for more information call Adult Faith Coordinator Astrid Alas at (306) 659-5858.

Vigil of Mary's Assumption at Rama Friday, Aug. 14

3:00 pm - Chaplet of Divine Mercy
4:30 pm - Supper (book by Aug. 1 at 306-593-6120)
6:00 pm - Marian hymns and confessions
8:00 pm - Mass, living rosary, candlelight procession, exposition and adoration.

Feast of Mary's Assumption at Rama Saturday, Aug. 15

8:30 am - Morning prayers in Polish
9:00 am - Mass in Polish
10:00 am - Divine Liturgy in the Byzantine Rite
11:30 am - Mass (English), anointing of the sick, blessing for plenary indulgence, blessing of religious articles;
lunch (book by Aug. 1 at 306-593-6120)

Find information for the Rama Pilgrimage at: www.ramashrine.ca.

Other pilgrimages in the Archdiocese of Regina: https://archregina.sk.ca/blog_ministry/annual-pilgrimage-sites

PARISH NEWS



LEGION OF MARY

Weekly Meetings



THURSDAY MEETING:
TIME: 5:45 P.M. – 7:00 P.M.





SATURDAY MEETING:
NEW! STARTING AUGUST 1, 2026
TIME: 10:30 A.M. – 11:45 A.M.





LOCATION:
Bishop Murray Room,
Cathedral of the Holy Family



Pray • Serve • Evangelize
TO JESUS THROUGH MARY

With Mary,
We Serve Christ
and His Church.

CATECHISM CORNER

THE GREATEST MIRACLE ON EARTH FROM HEAVEN

The Doctrine of Transubstantiation

At the moment of the Consecration during Holy Mass, the bread and wine truly become the Body, Blood, Soul, and Divinity of Jesus Christ. This mystery is called Transubstantiation.

Although the appearances of bread and wine remain the same, their substance is completely changed into Christ Himself.

What Does Transubstantiation Mean?

The word "trans" means *change*, while "substance" refers to the true reality of something. Transubstantiation, therefore, means a change of substance.

Why Do Catholics Believe This?

Because Jesus Himself said:

"This is my body... This is my blood." (*Matthew 26:26–28*)

And He also declared:

"For my flesh is true food and my blood is true drink." (*John 6:55*)

The Apostles believed His words, and the Church has faithfully preserved this teaching for over two thousand years.

Why It Matters

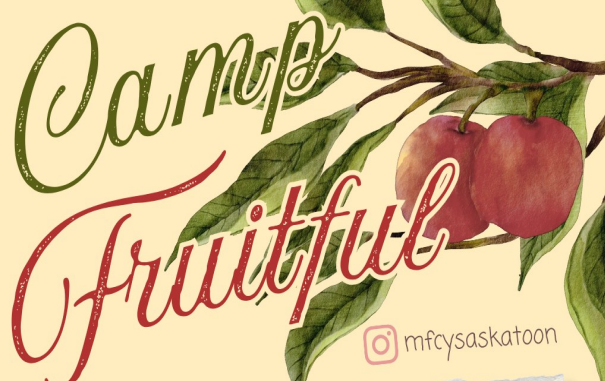
At every Holy Mass, Christ's one sacrifice is made present sacramentally. The Eucharist is not merely a symbol—it is Jesus Christ Himself. When we receive Holy Communion worthily, we receive the living Christ.

Remember

The greatest miracle at every Holy Mass is not what we see, but what God accomplishes through His power. Under the humble appearances of bread and wine, Jesus Christ is truly, really, and substantially present.

"Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day." — John 6:54

Sources: *Catechism of the Catholic Church (CCC 1373–1377); New Revised Standard Version Catholic Edition Bible (NRSV-CE); Ignatius Catholicum*



@mfcysaskatoon

Blackstrap Youth Camp

Dundurn, SK
registration fee: \$100

PLEASE CONTACT FOR
MORE INFORMATION:
Steven Mondigo:
(306) 612 1016
or
Jellah Mondigo:
(306) 251 0040

John 15:5

"I am the vine, you are the branches.
Those who abide in me and I in them bear much fruit,
because apart from me you can do nothing."



August 21 - 23



Jesus Youth Conference • Saskatchewan



ACTS ALIVE

Celebration • Communion • Mission

SPEAKERS



MOST REV. MURRAY CHATLAIN
Archbishop of Winnipeg and Ecclesiastical
Advisor for Jesus Youth Canada



CHEV. DR. EDWARD EDEZHATH
International Speaker

STREAMS

- FAMILY
- YOUNG ADULTS
- YOUTH
- KIDS

29
August
2026
SAT

9:30 am - 8:30 pm

**Heritage Common,
703B 2nd St E,
Hepburn, SK**

**639-382-6273
306-715-5559**

contact.sk@jesusyouth.ca



MUSICAL EVENT

Scan the QR Code
TO REGISTER



WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

(If you are unable to attend regular Reconciliation times, please phone the office to

make an appointment: 306-659-5800)

Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **SUMMER BELOVED** 11am - 12:15pm

Rosary & Devotion to Our Lady of

Perpetual Help: Wednesdays @ 6:30pm

Rosary: Saturday 11:45am - 12noon

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Regene Sumalinog*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holyfamilycathedral.ca

Christian Initiation (RCIA): andy@holyfamilycathedral.ca

Confirmation & First Eucharist: hfsacraments.ca

Covenant of Care: Parish Office: 306-659-5800

Marriage: gcooper@rcdos.ca

Reconciliation by appointment: info@holyfamilycathedral.ca

Communion to Homebound: info@holyfamilycathedral.ca

Facility Rentals: jim@holyfamilycathedral.ca

Mass Intentions next week

Monday, Aug 3

12:15 pm Mass for *†Donald Sirois*

Tuesday, Aug 4

12:15 pm Mass for *†Antonietta*

Forrosuelot

Wednesday, Aug 5

12:15 pm Mass for *†Justin Camoens*

7:00 pm Mass for *†Tyson Pederson*

Mass Intentions next week

Thursday, Aug 6

12:15 pm Mass for *†Corazon Darion*

Friday, Aug 7

12:15 pm Mass for *†Braten Kirkwood*

10:15 am Mass @ Sherbrooke for

†Josefin Salud

Saturday, Aug 8

12:15 pm Mass for *†Pauline Palamar*

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

†Toribio Ramos

Rosalind Matchett

Hyacinth Fonseca

Maryan Principe &

†Pius Ojong Okpa

Melissa Go

Isa Glodoveza

Family

†Braydon Bretzer

Nori Cheong

Pilar Glodoveza

Zenitha Joppa Atebe

†Peter Fashola

Russ Gill

Joelle Buckle

Lucas Hilderman

†Cesar Flores

Rose Friske

Sophie Irlbeck

Jackie Hilderman

Jannette Magdugo

Ben Friske

Sharon Therens

Robert Huebert

Eileen Materi



CATHEDRAL OF THE HOLY FAMILY

ENCOUNTER

your God

JOIN US FOR

MUSICAL

ADORATION EVERY

THURSDAY!

7-8:30PM

SUMMER BELOVED

FIRST FRIDAYS
JULY & AUGUST
11:00AM-12:15PM

ADORATION
TESTIMONY
& TALK
COMMUNITY

CONFESSION
PRAISE & WORSHIP
PRAYER
MINISTRY



 [HOLYFAMILYCATHEDRAL.CA/BELOVED](http://holyfamilycathedral.ca/be loved)



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

www.holyfamilycathedral.ca

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: info@holyfamilycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)