



August 16, 2026

CATHEDRAL OF THE HOLY FAMILY

20TH SUNDAY IN ORDINARY TIME



Today's Gospel recounts the encounter of Jesus with a Canaanite woman outside the territory of Israel. She asks him to free her daughter, who is tormented by a demon. But the Lord pays no attention to

her. She insists, and the disciples advise Jesus to acknowledge her so she would stop. Jesus, however, explains that his mission is directed to the children of Israel, using this image: "It is not fair to take the children's bread and throw it to the dogs." And the courageous woman responds, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then, Jesus says to her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly". This is a beautiful story. And this happened to Jesus.

We see that Jesus changed his attitude. What made him change was the strength of the woman's faith. Let us pause briefly over these two aspects: the *change in Jesus* and the *woman's faith*.

The change in Jesus. He was directing his preaching to the chosen people. Later the Holy Spirit would push the Church to the ends of the world. But what happens here, we could say, is an anticipation through which the universality of God's work is already manifested in the episode of the Canaanite woman. Jesus' openness is interesting. On hearing the woman's prayer, "he anticipates the plan"; faced with her concrete case, he becomes even more sympathetic and compassionate. God is like this: he is love, and the one who loves does not remain rigid. Yes, he or she stands firm, but not rigid; they do not remain rigid in their own positions, but allow themselves to *be moved and touched*. They know how to change their plans. Love is creative. And we Christian who want to imitate Christ, we are invited to *be open to change*. How good it would do our relationships, as well as our lives of faith, if we were to be docile, to truly pay attention, to soften up in the name of compassion and the good of others, like Jesus did with

the Canaanite woman. The docility to change. Hearts docile to change.

Now let us look at *the woman's faith*, which the Lord praises, saying that it is "great". According to the disciples, the only thing that seemed "great" was her insistence; Jesus sees her faith. If we think about it, that foreign woman had probably little or no awareness of the laws and religious precepts of Israel. What does her faith consist of then? *She does not have a wealth of concepts but of deeds* — the Canaanite woman draws near, prostrates herself, insists, takes part in a close dialogue with Jesus, overcomes every obstacle just to speak with them. This is the concreteness of faith, which is not a religious label but is a personal relationship with the Lord. How many times we fall into the temptation to confuse faith with a label! This woman's faith is not fraught with theological gallantry, but with insistence — she knocks at the door, knocks, knocks. Her faith is not made up of words, but of prayer. And God does not resist when he is prayed to. This is why he said, "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you."

Brothers and sisters, in light of all this, we can ask ourselves a few questions beginning with the *change* in Jesus. For example: Am I capable for changing opinion? Do I know how to be understanding and do I know how to be compassionate, or do I remain rigid in my position? Is there some rigidity in my heart? Which is not firmness: rigidity is awful, firmness is good. And beginning with the *woman's faith*: What is my faith like? Does it stop at concepts and words, or is it truly lived with prayer and deeds? Do I know how to dialogue with the Lord? Do I know how to insist with him? Or am I content to recite beautiful formulas? May Our Lady make us open to what is good and concrete in the faith.

— Pope Francis



DISCIPLESHIP PATHWAY

Summer Pilgrimages 2026

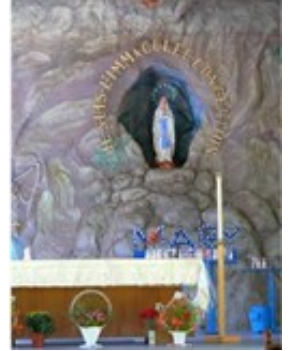
St. Laurent Pilgrimage - Sept. 8

Located 12 km East of Duck Lake on grid #783 or via Highway turn East at the Our Lady Statue.
GPS 52.85242576575959, -106.09293788005374

Theme: Walking With Mary On Sacred Ground: A Journey of Memory, Mission, and Reconciliation

6:00 pm to 6:45 pm - Priests available for Sacrament of Reconciliation. (Grotto)
6:15 pm to 6:45 pm - Rosary/Bouquet Offering. (Grotto)
7:00 pm - Eucharistic Celebration with Msgr. Maurice Fiolleau, Priests, and Deacons. (Grotto)
8:00 pm - Birthday Cake and Coffee. (Food Booth)

***Everyone is invited to bring a rose to offer to Mary. Roses are available at the Candle Booth for \$3.00 each on a first come, first serve basis.*



Millennium Cross Pilgrimage - Sept. 13

The 100-foot Millennium Cross is located 10 kms north of Aberdeen on Highway 40. The annual pilgrimage at 3:00 p.m. Sunday, Sept. 13 includes praying of the rosary, speakers, displays.

Guest speaker is Fr. Bassim Shoni, Pastor of Sacred Heart Chaldean Catholic Church in Saskatoon.

Bring lawn chairs umbrellas insect repellent. Watch for updates at: <https://millenniumcross.ca>.

Blackstrap Youth Camp,
Dundurn, SK
registration fee: \$100

August 21 - 23

John 15:5
"I am the vine, you are the branches.
Those who abide in me and I in them bear much fruit,
because apart from me you can do nothing."

PLEASE CONTACT FOR MORE INFORMATION:
Steven Mondigo:
(306) 612 1016
or
Jellah Mondigo:
(306) 251 0040

QR code for registration

Jesus Youth Conference • Saskatchewan

ACTS ALIVE
Celebration • Communion • Mission

SPEAKERS

MOST REV. MURRAY CHATLAIN
Archbishop of Winnipeg and Ecclesiastical
Advisor for Jesus Youth Canada

CHEV. DR. EDWARD EDEZHATH
International Speaker

STREAMS

FAMILY
YOUNG ADULTS
YOUTH
KIDS

29 August 2026 SAT
9:30 am - 8:30 pm
Heritage Common,
703B 2nd St E,
Hepburn, SK
639-382-6273
306-715-5559
contact.sk@jesusyouth.ca

Scan the QR Code TO REGISTER

MUSICAL EVENT

CATECHISM CORNER

FIRST FRIDAY OF THE MONTH: DEVOTION TO THE SACRED HEART OF JESUS

The First Friday of every month is a cherished Catholic devotion dedicated to the Sacred Heart of Jesus. It is a day to honor Christ's infinite love for humanity and to make reparation for sins committed against His Sacred Heart.

This devotion became widely known through the revelations received by St. Margaret Mary Alacoque in the seventeenth century.

WHY THE SACRED HEART?

The Sacred Heart symbolizes the burning love, mercy, and compassion of Jesus for every soul especially for wounded and broken souls.

Despite His boundless love, many reject Him through sin and indifference. The First Friday devotion is an invitation to respond to His love with faith, repentance, and devotion. It is an invitation to share in his Divine Love that flows mercifully from his Sacred Heart. His Sacred Heart that produces Sacred Love.

HOW CATHOLICS OBSERVE FIRST FRIDAY?

Attend Holy Mass.

Receive Holy Communion worthily.

Spend time in Eucharistic Adoration, if possible.

Make acts of reparation to the Sacred Heart of Jesus.

Consecrate your home and family to the Most Sacred Heart.

Pray for the conversion of sinners and the salvation of souls.

THE NINE FIRST FRIDAYS

One well-known practice is to receive Holy Communion on nine consecutive First Fridays with the intention of honoring the Sacred Heart and making reparation for sin.

This devotion should always be practiced with sincere faith, repentance, and a desire to grow in holiness—not as a superstition or automatic guarantee of salvation or to get an immediate answer to supplications.

REMEMBER

The First Friday devotion reminds us that the Heart of Jesus is always open to those who seek His mercy. He invites us to draw near, trust in His love, and respond with faithful hearts.

"Come to me, all who labor and are heavy laden, and I will give you rest." (Matthew 11:28)

"We must never be discouraged or give way to anxiety. . . but ever have recourse to the adorable Heart of Jesus." Margaret Mary Alacoque

Sacred Heart of Jesus, have mercy on us.

PARISH NEWS



LEADERS. The Catholic Women's League has many programs and workshops that empower women in becoming confident leaders who journey together to build God's kingdom in the areas of faith, service and social justice! Come walk with us.

- Celebrate 75 years of leadership at Holy Family Parish on **September 9, 2026 at 7:00 p.m.** where we will have our welcome back gathering. Birthday cake kits will be assembled for the food bank. **Items needed:** boxed chocolate cake mix, prepared canned icing, balloons, napkins and candles.
- Share your love of the CWL on September 20, 2026 at the 9:00 a.m. Mass. Be a proud CWL member by wearing your pin, scarf or CWL clothing. Anniversary cake will be shared with the parish after Mass. Volunteers are needed for the ministries at this Mass and for serving cake. Call 306-652-5421 to volunteer or email cofhfcwl@gmail.com

All enquiries can be sent to cofhfcwl@gmail.com



LEGION OF MARY

Weekly Meetings

	THURSDAY MEETING: TIME: 5:45 P.M. – 7:00 P.M.	
	SATURDAY MEETING: TIME: 10:30 A.M. – 11:45 A.M.	
	LOCATION: Bishop Murray Room, Cathedral of the Holy Family	

*With Mary,
We Serve Christ
and His Church.*

Pray • Serve • Evangelize
TO JESUS THROUGH MARY



CATHEDRAL OF THE HOLY FAMILY

ENCOUNTER

your God

JOIN US FOR
MUSICAL
ADORATION EVERY
THURSDAY!
7-8:30PM

WEEKLY LITURGICAL SCHEDULE

Sunday Mass Times

Sunday: 9:00am, 11:00am, & 6:30pm

Weekday Mass Times

Monday - Saturday: 12:15pm

Wednesdays: 7:00pm

Mass @ Sherbrooke: Fridays at 10:15am

Reconciliation

Thursday: 7pm - 8:30pm

Friday: 11am - 12noon

Saturday: 11am - 12noon

(If you are unable to attend regular Reconciliation times, please phone the office to

make an appointment: 306-659-5800)

Eucharistic Adoration:

Musical Adoration: Every Thursday 7pm - 8:30pm

1st Friday: **SUMMER BELOVED** 11am - 12:15pm

Rosary & Devotion to Our Lady of

Perpetual Help: Wednesdays @ 6:30pm

Rosary: Saturday 11:45am - 12noon

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*

Pastor Rector - *Fr. Gerard Cooper*

Associate Pastor - *Fr. Joe Nelo Penino*

Faith Formation Minister - *Andy Korvemaker*

Coordinator of Evangelization to Families - *Conchita Fonseca*

Financial Secretary - *Linda Bobowski*

Facilities Manager - *Jim Nakoneshny*

Administrative Assistant - *Regene Sumalinog*

Pastoral Council Chair - *Jonas Taillon*

Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holycathedral.ca

Christian Initiation (RCIA): andy@holycathedral.ca

Confirmation & First Eucharist: hfsacraments.ca

Covenant of Care: Parish Office: 306-659-5800

Marriage: gcooper@rcdos.ca

Reconciliation by appointment: info@holycathedral.ca

Communion to Homebound: info@holycathedral.ca

Facility Rentals: jim@holycathedral.ca

Mass Intentions next week

Monday, Aug 17

12:15 pm Mass for *Hyacinth Fonseca*

Tuesday, Aug 18

12:15 pm Mass for *†Marjorie Menezes*

Wednesday, Aug 19

12:15 pm Mass for *†Rosemarie Pacquette*

7:00 pm Mass for *Alan D'Cruz*

Mass Intentions next week

Thursday, Aug 20

12:15 pm Mass for *†Virgilio Solomon*

Friday, Aug 21

12:15 pm Mass for *Robillard Family*

10:15 am Mass @ Sherbrooke for
Mega and Maureen Mega-Akpobi

Saturday, Aug 22

12:15 pm Mass for *†Pauline Palamar*

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

†Toribio Ramos

Rosalind Matchett

Hyacinth Fonseca

Maryan Principe &

†Pius Ojong Okpa

Melissa Go

Isa Glodoveza

Family

†Braydon Bretzer

Nori Cheong

Pilar Glodoveza

Zenitha Joppa Atebe

†Peter Fashola

Russ Gill

Joelle Buckle

Lucas Hilderman

†Cesar Flores

Rose Friske

Sophie Irlbeck

Jackie Hilderman

Jannette Magdugo

Ben Friske

Sharon Therens

Robert Huebert

Eileen Materi



Thank You!

— TO ALL OUR —

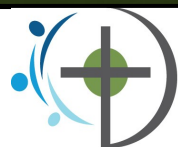
AMAZING VOLUNTEERS

FOR THE CATHEDRAL LANDSCAPE PROJECT

Your time, hard work, and dedication have helped transform our grounds into a beautiful, welcoming space for our parish family and visitors.

Your service is a blessing!

God Bless You! ♥



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: info@holycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)

www.holycathedral.ca