



August 30, 2026

CATHEDRAL OF THE HOLY FAMILY

22ND SUNDAY IN ORDINARY TIME



We have to learn to pray as if it were learning this art ever anew from the lips of the Divine Master himself, like the first disciples: "Lord, teach us to pray!" Prayer develops that conversation with Christ which makes us his intimate friends: "Abide in me and I in you."

This reciprocity is the very substance and soul of the Christian life, and the condition of all true pastoral life. Wrought in us by the Holy Spirit, this reciprocity opens us, through Christ and in Christ, to contemplation of the Father's face. Learning this Trinitarian shape of Christian prayer and living it fully, above all in the liturgy, the summit and source of the Church's life, but also in personal experience, is the secret of a truly vital Christianity, which has no reason to fear the future, because it returns continually to the sources and finds in them new life. Is it not one of the "signs of the times" that in today's world, despite widespread secularization, there is a widespread demand for spirituality, a demand which expresses itself in large part as a renewed need for prayer? Other religions, which are now widely present in ancient Christian lands, offer their own responses to this need, and sometimes they do so in appealing ways. But we who have received the grace of believing in Christ, the revealer of the Father and the Saviour of the world, have a duty to show to what depths the relationship with Christ can lead.

The great mystical tradition of the Church of both East and West has much to say in this regard. It shows how prayer can progress, as a genuine dialogue of love, to the point of rendering the person wholly possessed by the divine Beloved, vibrating at the Spirit's touch, resting filially within the Father's heart. This is the lived experience of Christ's promise: "He who loves me will be loved by my Father, and I will love him and manifest myself to him." It is a journey totally sustained by grace, which nonetheless demands an intense spiritual commitment and is no stranger to painful purifications (the "dark night"). But it leads, in various possible ways, to the ineffable joy experienced by the mystics as "nuptial union".

Yes, dear brothers and sisters, our Christian communities must become genuine "schools" of prayer, where the meeting with Christ is expressed not just in imploring help but also in thanksgiving, praise, adoration, contemplation, listening and ardent devotion, until the heart truly "falls in love". Intense pray-

er, yes, but it does not distract us from our commitment to history: by opening our heart to the love of God it also opens it to the love of our brothers and sisters, and makes us capable of shaping history according to God's plan. It is therefore obvious that our principal attention must be given to the liturgy, "the summit towards which the Church's action tends and at the same time the source from which comes all her strength". It is necessary to continue in this direction, and to stress particularly the Sunday Eucharist and Sunday itself experienced as a special day of faith, the day of the Risen Lord and of the gift of the Spirit, the true weekly Easter. For two thousand years, Christian time has been measured by the memory of that "first day of the week" when the Risen Christ gave the Apostles the gift of peace and of the Spirit. The truth of Christ's Resurrection is the original fact upon which Christian faith is based, an event set at the centre of the mystery of time, prefiguring the last day when Christ will return in glory. We do not know what the new millennium has in store for us, by celebrating his Passover not just once a year but every Sunday, the Church will continue to show to every generation "the true fulcrum of history, to which the mystery of the world's origin and its final destiny leads".

I therefore wish to insist that sharing in the Eucharist should really be the heart of Sunday for every baptized person. It is a fundamental duty, to be fulfilled not just in order to observe a precept but as something felt as essential to a truly informed and consistent Christian life. We are entering a millennium which already shows signs of being marked by a profound interweaving of cultures and religions, even in countries which have been Christian for many centuries. In many regions Christians are, or are becoming, a "little flock." This presents them with the challenge, often in isolated and difficult situations, to bear stronger witness to the distinguishing elements of their own identity. The duty to take part in the Eucharist every Sunday is one of these. The Sunday Eucharist which every week gathers Christians together as God's family round the table of the Word and the Bread of Life, is also the most natural antidote to dispersion. It is the privileged place where communion is ceaselessly proclaimed and nurtured. Precisely through sharing in the Eucharist, the Lord's Day also becomes the Day of the Church, when she can effectively exercise her role as the sacrament of unity.

- Pope St. John Paul II



DISCIPLESHIP PATHWAY

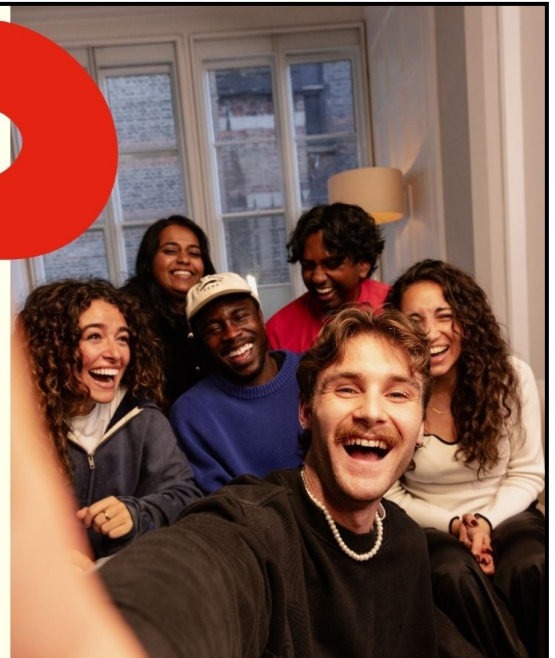
Alpha for Adults (18+) The Good News in a Good Way! Unpack the faith together.

- Meet new people
- Enjoy a light lunch
- Unpack a big question
- Have an open conversation

Launching Oct 18th to Dec 20th
Every Sunday at 12:15pm
Bishop Klein Room

Alpha

Scan to Register
\$ 20 fee per person



The Cathedral of the Holy Family Parish Pastoral Council Presents

FALL SUPPER

Saturday, September 26th, 2026
Supper starts at 5:30 pm
Doors open @ 5:00 pm

Tickets

Regular - \$20
5-10 years - \$10
Children (4 & under) - Free

Menu

Roast Turkey, Stuffing,
Mashed Potatoes & Gravy,
Vegetable, Salad, Dessert,
Coffee & Juice

Tickets AVAILABLE at the
Parish office starting
September 6th, 13th and 20th
after Sunday Masses, and at
the parish office on weekdays.

Tickets go on sale Sunday, September 6th!

BELOVED

CONFESSION ADORATION FORMATION

FIRST FRIDAYS

September 4th, 6:45-9:00PM



KIDS 4CHRIST

Kids Club K-G5

Bring your little ones to
a world full of faith, fun
and adventure!

Kindergarten to Grade 5
Parents are encouraged
to attend with their
children

Monthly
Sun 3:00 - 4:30pm

Next Gatherings

- Sep 20th
- Oct 18th
- Nov 15th
- Dec 13th

REGISTRATION NOT REQUIRED
LOCATION: BISHOP KLEIN ROOM



PARISH NEWS



Knights, parish, and community.

We are pleased to welcome our **new Grand Knight, Robert (Rob) Magnell**. Rob and his wife, Linda, have been members of Holy Family Parish for 27 years. He looks forward to serving the Council and parish community and asks for your prayers in the year ahead.

This fall, the Council will begin a five-part COR program, Into the Breach – The Dignity of Work. Sessions will include a video, small-group discussion, and reflection on faith and vocation. Open to all men. Knights membership is not required. More information will follow in September.

Upcoming events:

September 2: Installation of Officers following the 7:00 p.m. Mass. All are welcome.

September 6: Labour Day Classic Watch Party | Kickoff at 5:00 p.m. Join us as the Saskatchewan Roughriders take on the Winnipeg Blue Bombers! Bring your green, your friends, and your Rider pride. Food: \$10 | Beverages available for purchase. Come enjoy food, fellowship, and football! Go Riders Go!

September 8: Regular Council meeting at 7:00 p.m.

Please keep our Council in your prayers as we begin this new fraternal year and seek to serve our parish and community.

THE CATHEDRAL OF THE HOLY FAMILY

Calling all Altar Servers (new and old) we have a fun afternoon planned for you

ALTAR SERVERS TRAINING

Event

SUNDAY
4 OCT 2026
12PM- 2PM

If you would like to become an Altar Server you too can join this training event

LUNCH PROVIDED



SCAN TO REGISTER →



OUTREACH. “For it is in giving that we receive.” Members of the Catholic Women’s League strive to reach out to those in need. Won’t you help us reach further? Come and join us for our welcome back gathering on September 9, 2026 beginning with Mass, Food Bank birthday kit assembly, fellowship and a short business meeting.

Upcoming events:

- CWL National webinar “Conversion of Heart: Finding Hope in Humanity’s Hunger for Jesus”. To register <https://attendee.gotowebinar.com/register/5625600021790439256>
- Pregnancy Options Center is hosting its annual fall fundraiser dinner and silent auction “Beautiful in It’s Time” on October 1, 2026. Tickets are available at contact@saskatoonpregnancyoptions.com or 306-665-7550.
- Save the date for the Fall Diocesan meeting at St. Augustine Parish October 3, 2026 from 10:00 a.m. to 3:00 p.m.
- CHAS annual convention Oct 29-30 Prince Albert. For more information and registration go to <https://chassk.ca/annual-convention-2026/>

All enquiries can be sent to cofhcwl@gmail.com.



LEGION OF MARY SOCIAL FUNCTION

in celebration of the
FEAST OF THE NATIVITY OF

Our Lady

and
105th ANNIVERSARY OF THE LEGION OF MARY

“All generations will call me blessed.”
– Luke 1:48



SATURDAY, SEPTEMBER 12, 2026



BISHOP KLEIN ROOM
Cathedral of the Holy Family
123 Nelson Road, Saskatoon, SK



12:15 PM HOLY MASS



**AFTER MASS
SOCIAL GATHERING**
Fellowship, faith and community.



**REFRESHMENTS &
NETWORKING**
Enjoy light refreshments and connect with fellow parishioners and friends.



**EVERYONE
IS INVITED!**

TALK BY



Fr. Peter Ebidero
Pastor / Bishop's Delegate for
“Fidei Donum” Priests

Talk Title:
**WHEN SCREENS FAIL,
MARY STEPS IN.**

Signed by
Fr. Joe-Nelo Penino
Spiritual Director - Legion of Mary

CATECHISM & LITURGICAL SCHEDULE

DRESSING WITH REVERENCE FOR HOLY MASS

When we gather for Holy Mass, we come into the presence of God and join the Church in worship. The way we dress can be a simple way of showing respect for the sacredness of the celebration and for those gathered in prayer.

REVERENCE FOR THE SACRED: Appropriate clothing reflects the sacredness of the Mass and our desire to approach God with humility.

DIGNITY AND MODESTY: As people created in God's image, we show dignity by choosing clothing that is clean, modest, and suitable for worship.

FOSTERING AN ATMOSPHERE OF PRAYER: Thoughtful attire can help create a peaceful environment where we can focus on prayer, Scripture, and the celebration of the Eucharist.

PREPARING TO WORSHIP: Preparing for Mass involves both heart and action. Dressing respectfully helps us enter the liturgy with a spirit of reverence.

LEADING BY EXAMPLE: Parents, grandparents, and other adults can help foster a culture of reverence by kindly encouraging children and young people to dress appropriately for church.

HOW CAN WE PREPARE?

Choose clothing that is neat, modest, and suitable for worship. Arrive with a spirit of prayer and reverence. Encourage one another with charity rather than judgment. Help children understand the beauty and meaning of preparing for Mass. Remember that true worship begins in the heart and is reflected in our actions.

REMEMBER—God sees the heart above all else. Our appearance does not determine our worth, but respectful attire can be a meaningful outward expression of our love for God and our reverence for the sacred liturgy.

PRAYER—Lord, prepare my heart to worship You with sincerity, humility, and love. May my words, actions, and conduct always honor Your holy name. Amen.

"Whatever you do, do everything for the glory of God." — 1 Corinthians 10:31

Source: I Love My Catholic Faith FB Page

Sunday Mass Times	Reconciliation	Eucharistic Adoration:
Sunday: 9:00am, 11:00am, & 6:30pm	Thursday: 7pm - 8:30pm	Musical Adoration: Every Thursday 7pm - 8:30pm
Weekday Mass Times	Friday: 11am - 12noon	1st Friday: SUMMER BELOVED 11am - 12:15pm
Monday - Saturday: 12:15pm	Saturday: 11am - 12noon	Rosary & Devotion to Our Lady of
Wednesdays: 7:00pm	<i>(If you are unable to attend regular Reconciliation times, please phone the office to make an appointment: 306-659-5800)</i>	Perpetual Help: Wednesdays @ 6:30pm
Mass @ Sherbrooke: Fridays at 10:15am		Rosary: Saturday 11:45am - 12noon

Clergy, Staff, & Council Members

Bishop of Saskatoon - *Most Rev. Mark Hagemoen*
 Pastor Rector - *Fr. Gerard Cooper*
 Associate Pastor - *Fr. Joe Nelo Penino*
 Faith Formation Minister - *Andy Korvemaker*
 Coordinator of Evangelization to Families - *Conchita Fonseca*
 Financial Secretary - *Linda Bobowski*
 Facilities Manager - *Jim Nakoneshny*
 Administrative Assistant - *Regene Sumalinog*
 Pastoral Council Chair - *Jonas Taillon*
 Finance Council Chair - *Denis Sirois*

Contact us!

Baptism (Infants): andy@holymfamilycathedral.ca
 Christian Initiation (RCIA): andy@holymfamilycathedral.ca
 Confirmation & First Eucharist: hfsacraments.ca
 Covenant of Care: Parish Office: 306-659-5800
 Marriage: gcooper@rcdos.ca
 Reconciliation by appointment: info@holymfamilycathedral.ca
 Communion to Homebound: info@holymfamilycathedral.ca
 Facility Rentals: jim@holymfamilycathedral.ca

Mass Intentions next week

Monday, Aug 31
 12:15 pm Mass for *†Pauline Palamar*

Tuesday, Sep 1
 12:15 pm Mass for *Jodie Chomiak*

Wednesday, Sep 2
 12:15 pm Mass for *†Peter Fashola*
 7:00 pm Mass for *Esther Okpa*

Mass Intentions next week

Thursday, Sep 3
 12:15 pm Mass for *†Olga Reineke*

Friday, Sep 4
 12:15 pm Mass for *†Rosemarie Pacquette*
 10:15 am Mass @ Sherbrooke for *†Irene Dube*

Saturday, Sep 5
 12:15 pm Mass for *Reid Kaufmann*

Please Include in your Prayers

This list is for those who are in need of prayer, whether they be sick or well, living or deceased. If you would like your name or a name of a loved one to be listed, please call the parish office: 306-659-5800

†Toribio Ramos	Rosalind Matchett	Hyacinth Fonseca	Maryan Principe & Family
†Pius Ojong Okpa	Melissa Go	Isa Glodoveza	Zenitha Joppa Atebe
†Braydon Bretzer	Nori Cheong	Pilar Glodoveza	Lucas Hilderman
†Peter Fashola	Russ Gill	Joelle Buckle	Jackie Hilderman
†Cesar Flores	Rose Friske	Sophie Irlbeck	Robert Huebert
†Anthony Ifejilimalu	Ben Friske	Sharon Therens	Jannette Magdugo
Eileen Materi			



CATHEDRAL OF THE
HOLY FAMILY

We are Holy Family

www.holymfamilycathedral.ca

123 Nelson Road Saskatoon, SK S7S 1H1

PH: 306-659-5800

Email: info@holymfamilycathedral.ca

Office Hours: 9:00am-4:30pm Monday through Friday (Closed 12-1pm daily)