

The Catholic Women's League of Canada is the largest Catholic women's organization in Canada with over 63,000 members.

The CWL national theme of **Catholic and Living It!** invites members to build relationships—renewing old and creating new ones—through the guidance of the Holy Spirit while strengthening their faith and building up life.

The **three pillars of faith, service and social justice** reflect the core values of the CWL through which we seek to live out the Mission Statement of being called to 'grow in faith, and to witness to the love of God through ministry and service'.

As a local CWL council at the Cathedral of the Holy Family, we strive to grow spiritually, learn more and widen our horizons with like-minded Catholic women.

We have an executive committee consisting of: President, Vice-President, Treasurer, Secretary, Faith chairperson, Service chairperson, Social Justice chairperson.

As a council we are committed to the three pillars by engaging in many activities and projects that fall into these categories. Many of these are of a short-term nature so members are encouraged to join any committee or assist in any project that is of interest to them.

FAITH – HEARTS IN PRAYER: Uniting Catholic Women to Grow in Faith

- Preparation of prayers and liturgies for meetings and special events
- Stations of the Cross during Lent
- Honor Guard for funerals of members
- Sanctity of Life
- Ecumenism and interfaith events: Week of Prayer for Christian Unity, World Day of Prayer
- Truth and Reconciliation
- Secret Prayer Sister program

SERVICE – HANDS THAT SHARE: Service to the Church, Canada and the World

- Fundraising through Advent raffle, bake sale and funeral lunches
- Volunteer, provide services such as: Funeral Luncheons, Birthday Cake at senior care home, volunteer and promote the CWL Clothing Depot
- Donate financially and in-kind to local and international charity groups such as: Development and Peace, St. Paul's Hospital, Glengarda Hospice, Time Out for Moms, Diocese Prison Ministry
- Support a local St. Joseph High school student with a bursary for continuing education
- Support youth with a donation to Black Strap Youth Camp
- Provide support to parish initiatives and to our parish pastor
- We hold an annual Baby Shower with donated items being given to the Pregnancy Options Centre

- We support a local charity during Advent with donated items. Past charities include: The Friendship Inn, Interval & Adelle House, CWL Clothing Depot Christmas Sale, Moontime Sisters (menstrual products)

SOCIAL JUSTICE – MINDS THAT DARE: Actively Involved in Society

- Research the legislation and any resolutions made by CWL national.
- Present on topics such as: Human Dignity, the Environment, Pornography
- Action plans to make our voices & opinions heard by government official (ie: letter writing campaigns)

Please feel free to reach out to us if you have any questions, comments or if you feel called to assist in any area. We welcome your input and it is easier and more enriching to accomplish our goals when others accompany us on the journey.

We can be reached at cofhfcwl@gmail.com

League Prayer

We humbly pray You, O God our Father, to bless The Catholic Women's League of Canada.
 Bless our beloved country, our homes and families.
 Send Your Holy Spirit upon us to give light to our minds and strength to our wills that we may know and fulfil Your great law of charity.
 Teach us to share with others at home and abroad, the good things You have given us.
 This we ask through our Lord Jesus Christ and the intercession of our patroness, Our Lady of Good Counsel.

Amen